CAPRICORN COAST CATHOLIC PARISH

Sacred Heart Church
YEPPOON

Parish Priest: Fr Matthew Moloney
Email: matthewmoloney@rok.catholic.net.au
Parish Office: Vanessa Ramswarup & Andrea Canavan
Parish Phone: 4933 6171 Presbytery: 4933 6824
Parish Email: capcoast@rok.catholic.net.au
Website: www.capricorncoastcatholic.org.au
Facebook: www.facebook.com/capricorncoastcatholicparish

Mary Immaculate Church
EMU PARK

1ST SUNDAY OF ADVENT
28 NOVEMBER 2021

Meet the Parish Leadership Group

From Left to right:
Warren, Mark, Fr Matt, Joan, Max, Jennifer, Rene & Shane (seated)

Jennifer Brandish: I'm originally from New Zealand and moved to the Capricorn Coast in the last couple of years, which I love. I'm very interested in sharing in parish life. I'm looking forward to being a part of our Parish.

Joan Ellaway: I'm a long-time parishioner originally from Emu Park and then moved to Yeppoon and have lived here for the last nearly 20 years. I have been involved in many parish ministries and love our parish community and look forward to continuing sharing life on the coast.

Mark Kennedy: Moved from Rockonia Parish to the Capricorn Coast two years ago. Recently retired from CQ University where I worked in the student services field for 25 years. I had a long involvement with the Rockhampton Diocesan Parents and Friends through the early 2000s as the Chairperson. Married to Tracey and have three grandchildren. Look forward to journeying together.

Max Martin: Have lived in Yeppoon for four years and thoroughly enjoy being here. I teach at Sacred Heart School. My wife, Marie and I have recently become grandparents for the first time. We have three grown up children.

Warren Middleton: Married to Pam for 49 years, retired, and living at CARV Yeppoon. Became Catholic in 1993 via RCIA Program. Previously held positions of Secretary and President of a Parish Pastoral Council. Involved with development of a Parish Pastoral Plan, and a major role in the community consultation process prior to preparing a submission which amalgamated two Parishes into one. Former Deputy Mayor in Local Govt., and Management of Hospitals in Queensland over a career of 53 years prior to retirement in 2020.

Fr Matthew Moloney: Born in Longreach schooled by the Presentation Sisters in Longreach & Christian Brothers in Brisbane. In a former life was a wool-classer as you will see on the back page of this Bulletin.

Shane Pianta: I have been a parishioner on the Capricorn Coast for 20 years. I am passionate about God and living out our faith, which has motivated me to be involved in a number of ministries and activities in our parish.

Rene Veltmeyer: has lived in Capricorn Parish for the last 6 years, after living in Rockhampton since 2001. I am retired and reside at Kinka Beach. I've been on the Leadership group since its inception, and I'm actively involved with the Catechist Ministry spreading the word of Jesus to Catholic children at State Schools.

CAPRICORN COAST CATHOLIC PARISH

DAY	TIME	MASS
Monday	9:00am	Sacred Heart School
Tuesday	9:30am	St Benedict's Mass at School
Wednesday	11:00am	*Rosary & Adoration*
	12:00pm	Sacred Heart Church
Friday	10:00am	Final School Mass St Ursula's & St Brendan's at St Brendan's College
Saturday 04/12/21	Vigil 5:15pm	Mary Immaculate Church
Sunday 05/12/21	9:00am	Sacred Heart Church
	10:00am	PARISH MORNING TEA
	5:00pm	Sacred Heart Church
Sunday	8:00am & 4:15pm	Sacred Heart Church *Confessions*

1st Sunday of Advent – Year C

Gospel Luke 21:25-28, 34-36

Welcomer	**1st Reading** Jeremiah 33:14-16	**2nd Reading** 1 Thessalonians 3:12-4:2
9am Marny Keith	Catherine Weaver	Erin Hutchinson
5pm Volunteer needed	Max Martin	Volunteer needed
5:15pm Kathy Maloney	Dave Bowman	Collette Bowman

NEXT WEEK – 5/12/21

Gospel Luke 3:1-6

Welcomer	**1st Reading** Baruch 5:1-9	**2nd Reading** Philippians 1:3-6, 8-11
9am John Campbell	Sean Fallis	Nini Sielaff
5pm Volunteer needed	Julie McLaughlin	Mark Boyd
5:15pm Collette Bowman	Jan Jaeger	John McKenna

Catechesis of the Good Shepherd

'Tabor Good Shepherd Atrium'

All 3- to 6-year-old children are invited to 4 introductory sessions during the weeks of Advent starting on:

4pm Sunday 28 November
Sacred Heart Church
Community Room

Contact Angela Acharya 0407 383 007 or the Parish Office 4933 6171

HOLY HOUR FOR VOCATIONS

When: Friday December 3rd 5:30pm
Where: St Joseph's Cathedral
What: Benediction and Rosary followed by dinner at Allenstown Hotel.

All are welcome to a holy hour and to join in praying the joyful mysteries of the rosary as we begin Advent. Dinner to follow at **7pm at the Allenstown Hotel.** To be included in the booking for dinner contact Michael at 0433 897 973 or vocations@rok.catholic.net.au

CATHOLIC DIOCESE OF ROCKHAMPTON

BISHOP'S MASS - YOUTUBE LINK **Bishop's Mass You Tube Link**

To all our school communities especially to St Brendan's & St Ursula's who finish school this week, Well Done!
Best of luck to St Benedict's & Sacred Heart with next week being your last week of school.
Merry Christmas & safe travels.

CHRISTMAS VOLUNTEERS WANTED

for Christmas Eve, Christmas Day & Boxing Day
Put your name down on the Christmas Volunteers List available in the Church foyers

Diary Dates...

Term 4 Ends
Friday 3 December 2021

Parish BBQ Christmas Party
6pm 7 December 2021

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.

Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

CAPRICORN COAST CATHOLIC PARISH

Ignite Summer Camp Diocesan Group

When: 12-16 January 2022
Where: QCCC Mapleton (Sunshine Coast)
Who: Any 2022 high school students
Cost: $310, Family discounts are available for siblings.

Are you ready for an unforgettable summer? Ignite Summer Camp is back in 2022, with four days of huge outdoor games, amazing rallies, 200 new mates and connecting with Jesus. Our diocese will be taking a group to Summer Camp, providing transport to and from the event and even providing an extra night's accommodation so we will be ready to go when the camp begins on the morning of the 13th of January. If you're interested in coming, please contact youth@rok.catholic.net.au to get all the details and our group ticket code.

Parish BBQ Christmas Party

6pm Tuesday 7 December 2021

following 5pm Sacred Heart Mass

Bring a Plate, All Welcome!

CHRISTMAS MASS TIMES

Christmas Eve
FRIDAY
5PM MARY IMMACULATE CHURCH
7PM SACRED HEART CHURCH

Christmas Day
SATURDAY
9AM SACRED HEART CHURCH

Boxing Day
SUNDAY
7AM MARY IMMACULATE CHURCH
9AM SACRED HEART CHURCH

Sacred Heart Church 7 Tabor Drive Yeppoon
Mary Immaculate Church 28 Archer Street Emu Park

WELCOME PACKS - NEW PARISHIONERS

We're endeavouring to welcome *new* parishioners & asking people to complete the form in the foyer popping it into the letterbox at the office. The Parish Office will put a little welcome pack together then someone from the hospitality group will follow up with a visit.

ADORATION *of the* BLESSED SACRAMENT

From 11am each Wednesday
Adoration followed
by the Rosary at 11:30am
Sacred Heart Church

We Pray for those who are SICK & those who have DIED

We Pray for those who are SICK:

Noel Murry, Erica Gorog, Kerrie Lauga, Glenyce Lentell Michael Jones, Brian Johnston, John Provan, Meegan Sommereld, Bev Bartlem, Anthony Baker, Briona McKone, Noel & Carol Murry, Elizabeth Hill, Connie Lacey

We Pray for those who have DIED:

Gabriel Watkin, Kevin O'Keefe, Pat Ogden, Paul Pacey, Gautam Ramswarup, Irene Watkins, John Murphy (Charters Towers), Fr Rod Dela Rosa SVD, Rita Hughes, Fr Karl Emerick OP, Perry Molloy, Val Canavan, Patricia 'Pat' Corboy

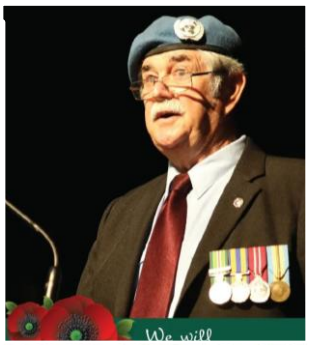
Anniversary of the Deceased:

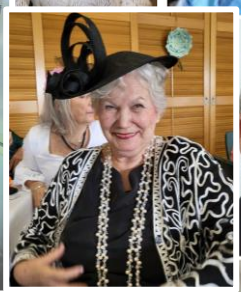
Leo Hansby, Anthony Bowman, Kevin Thomas Harris, Margaret Farr, Doug Read (Biloela), Carmel Gormley, Withoos & Reimans Family, Alice, William, Peter, Pixie, Molly & Vincent Cranny, Frank O'Regan, Bernie Horton, Edith Hansby

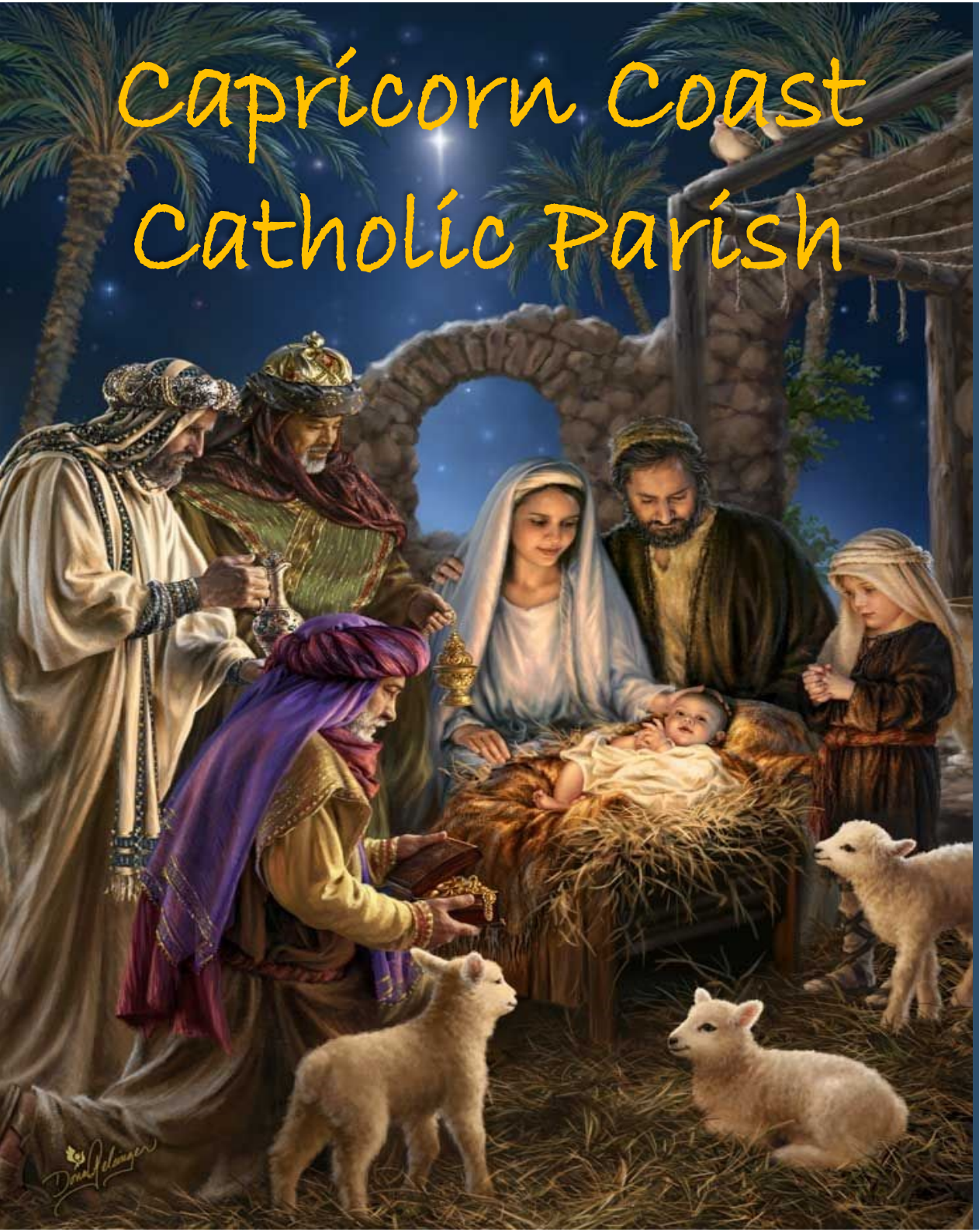
The Catholic Diocese of Rockhampton abides by the principles of the ***National Catholic Safeguarding Standards*** (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan ***Professional Standards and Safeguarding Office:*** **Response Line: 1800 830 113 (free call)** or email: pssoadmin@rok.catholic.net.au
Diocesan Website for more information: https://rok.catholic.net.au/our-diocese/safeguarding/
To view the **Diocesan Safeguarding Children and Vulnerable Adults commitment statement and Policy:** http://www.rok.catholic.net.au/safeguarding-policies.html
Queensland Professional Standards Office: www.psoqld.catholic.net.au/

CAPRICORN COAST CATHOLIC PARISH

Parish Activities November 2021







Capricorn Coast Catholic Parish

CHRISTMAS MASS TIMES

Christmas Eve

FRIDAY

5PM MARY IMMACULATE CHURCH

7PM SACRED HEART CHURCH

Christmas Day

SATURDAY

9AM SACRED HEART CHURCH

Boxing Day

SUNDAY

7AM MARY IMMACULATE CHURCH

9AM SACRED HEART CHURCH

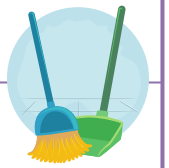
Sacred Heart Church 7 Tabor Drive Yeppoon

Mary Immaculate Church 28 Archer Street Emu Park

ADVENT CALENDAR 2021

DAILY TASKS TO HELP US GET READY FOR THE BIRTH OF JESUS

ARCHDIOCESE OF BRISBANE
Evangelisation Brisbane

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28/11 FIRST SUNDAY OF ADVENT Set up a nativity scene in your house but don't add baby Jesus just yet.	**29/11** Learn how to make origami stars. Every time you complete a daily task add a star to your nativity scene.*	**30/11** St Vincent de Paul Society Collect toiletries and no-perishable food and donate to the St Vincent de Paul Christmas appeal.	**1/12** Who are the people who have helped you this year? Teachers, doctors, nurses, family. Pray for these people.	**2/12** Share a smile and say hello to as many people as possible today.	**3/12** What is the Christmas story? Make a book telling the story of Christmas and share it with somebody.*	**4/12** Look for ways around your home where you can be extra helpful.
5/12 SECOND SUNDAY OF ADVENT God promised he would send his son, Jesus. What other promises has God made to us?	**6/12** Write a Christmas card with a special note for someone.	**7/12** Caritas AUSTRALIA Be an angel to a family in need: buy a Caritas Global gift for education, food or shelter. www.globalgifts.org.au	**8/12 THE IMMACULATE CONCEPTION** Pray a Hail Mary with your family.	**9/12** Go for a walk with your family, take a litter collector with you. Pick up rubbish as you walk and put it in the bin.	**10/12** Look at a map and see how far Mary & Joseph had to travel from Nazareth to Bethlehem.	**11/12**  Do a job around the house without being asked, like tidy your room or put the dishes away.
12/12 THIRD SUNDAY OF ADVENT God sent his son to us because of His great love for us! What are somethings you love about your family?	**13/12** Make a special ornament for your Christmas tree.	**14/12** Donate a gift to a children's charity like The Smith Family.	**15/12** For some people Christmas can be a lonely time of year. Pray for those who feel alone.	**16/12** Police, fire fighters & paramedics help keep us safe all year round. Take a homemade gift to your local station to say thank you.	**17/12** Pick a country from around the world and explore how they celebrate Christmas in their culture.	**18/12** Make some Christmas treats and share them with your neighbours.
19/12 FOURTH SUNDAY OF ADVENT When Mary and Joseph looked at baby Jesus, they were filled with joy. How do you share joy with your family?	**20/12** Christmas is almost here. Start to get Jesus' cradle, the manger, ready. Collect grass and straw to make a warm bed.	**21/12** Collect as many recyclable cans and bottles as you can and take them to a recycling centre. Donate the money you raise to a charity.	**22/12** Jesus, Mary & Joseph were refugees when they fled to Egypt. Today pray for all refugees who have had to flee their homes.	**23/12** If there is anything you could do to help others, what would that be? Talk to your family about this and how you could make an impact today?	**24/12** Now is the time to get baby Jesus ready to place in the manger on Christmas day.	

*The instructions for these activities are on the reverse side of this page.

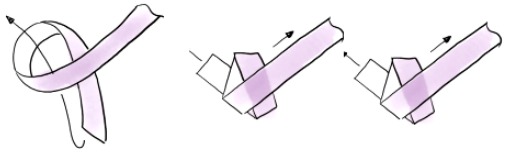
More children and family resources at www.evangelisationbrisbane.org.au

ACTIVITY INSTRUCTIONS

Origami Stars

Instructions are also available on youtube, search: origami lucky star

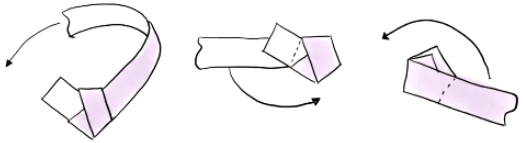
Start with coloured/origami paper cut into strips (approx. 24x1cm)



1 Make a loop at one end of the paper. Weave the short end of the paper through the loop.

2 Tighten knot and press flat.

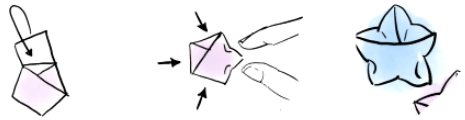
3 Fold short-end of paper down towards the centre of the star. (if it's too long cut tear off the end)



4 Fold long-end of paper up. Make sure edges line up right on top of each other.

5 Flip paper around so long-end of paper is pointing down again.

6 Fold long-end of paper up and to the left. Make sure edges line up one on top of the other.



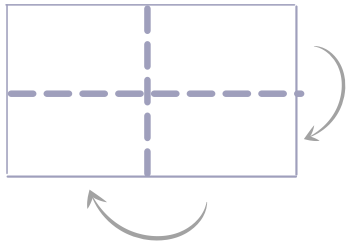
7 Flip paper around again so long-end of paper is pointing down.

8 Pinch the sides and puff out your star! Be careful to avoid ripping your star.

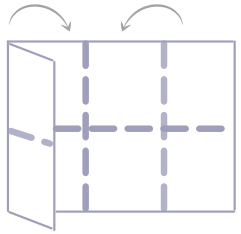
Source: chandra.si.edu/origami

How to make your mini book

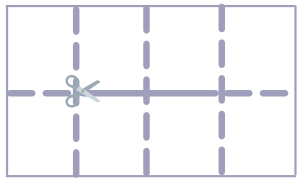
Step 1: Fold your A4 piece of paper into quarters and crease well from both sides of the paper.



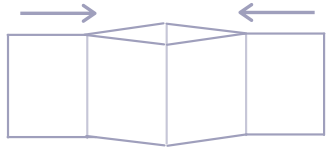
Step 2: Fold sides into the middle and crease well from both sides of the paper.



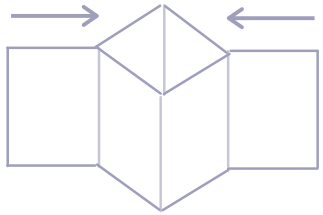
Step 3: cut along the centre fold shown by the bold line.



Step 4: Fold in half then push ends towards each other to open the middle.



Step 5: Continue pushing it together until it forms four pages



Step 6: Colour and write in your pages and fold together to form your story book.

AVAILABLE THIS CHRISTMAS

Christmas isn't just one day books

Activity packs that filled with activities that explore the season of Christmas. Perfect for primary school aged children and their families.

Available to purchase online from the Evangelisation Brisbane shop and participating parishes.

evangelisationbrisbane.org.au/shop