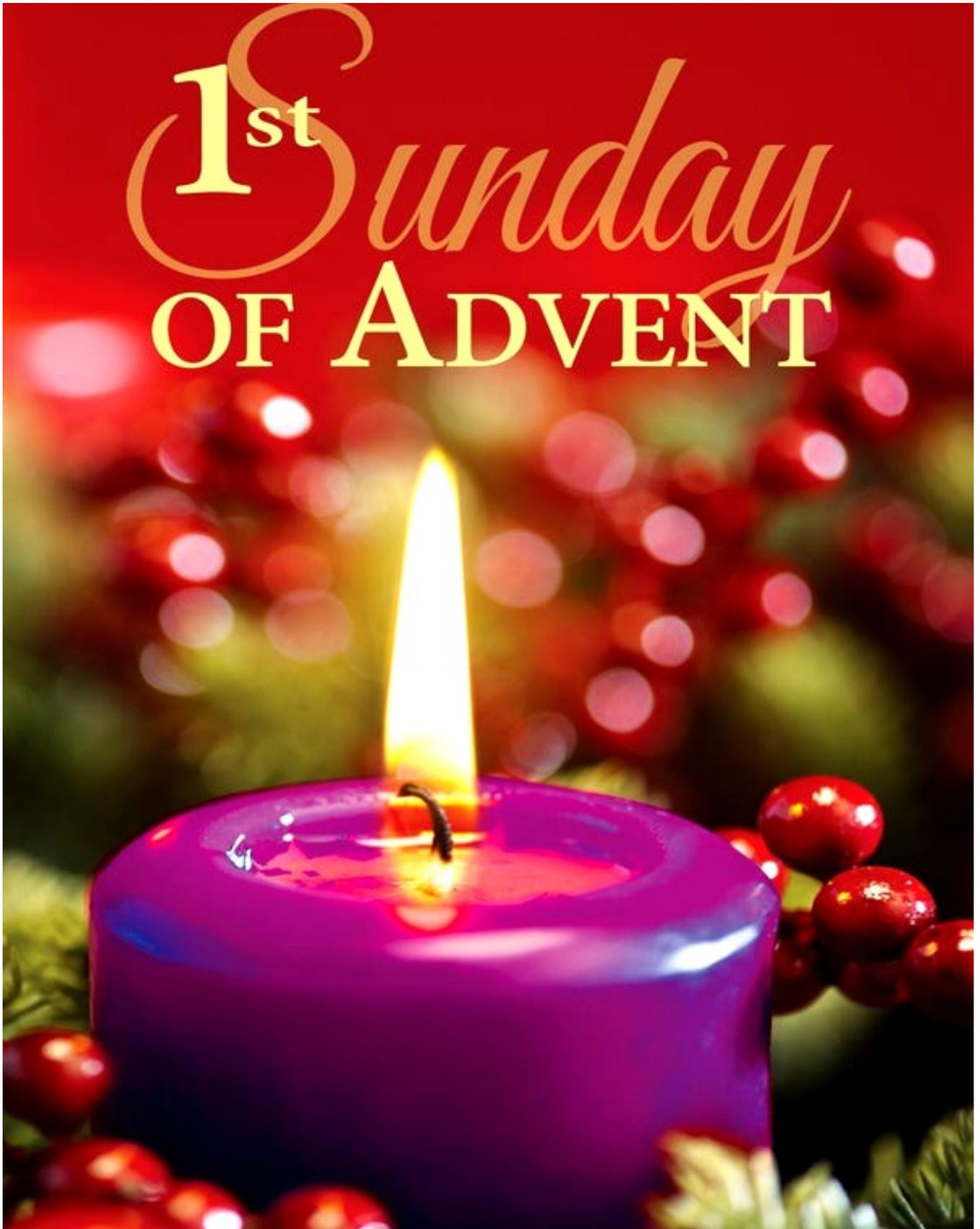


CAPRICORN COAST CATHOLIC PARISH

Sacred Heart & Mary Immaculate

To nurture the spiritual life and activities of the parish community



The worshipping communities of Sacred Heart, Yeppoon and Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather and pay respect to their elders: past, present, and emerging. For we too are one in land, one in spirit, one in faith, united in God's love.

LITURGIES



Pray For...

28 Nov - 4 Dec 2022

MONDAY

9:15am Sacred Heart School Mass

TUESDAY

9:30am St Benedict's School Mass

WEDNESDAY

Saint Andrew

9:00am Sacred Heart Mass

Adoration & Rosary

THURSDAY

9:00am Mary Immaculate Mass

FRIDAY

9:00am St Brendan's College

2:00pm Rosary

SATURDAY

Saint Francis Xavier

5:15pm Mary Immaculate Mass

SUNDAY

2nd Sunday of Advent

8:15am Sacred Heart Confession

9:00am Sacred Heart Mass

5:00pm Sacred Heart Mass



POWERED BY
Donation Point

*Want to donate to the Parish with a one-off gift?
You can give easily & securely by scanning the
above QR code with your smart phone.
Thanks for your support!*

those being Baptised:

Alby Collier, Heidi Hamrey, Helium Jones, Ivy Parish, Kiah Neaton, Kit Walker, Sonny Parish.

the sick:

Glenn Rawlins, Liam Halberstater, Roy Vanden Bergh, Bev Bartlem, Adam Loch, Angela Brockhurst, Jess Oakley, Zoe Lavin, Kevin Nolan.

the recently deceased:

Ronnie Lawson, Mary Nash (Brisbane), Carmel Schick, Barry Beckerley, Valsamma Jacob, Barry Whitman, Kevin Doyle, Neil Barton, Dot Mulcahy

those whose anniversary occurs at this time:

Leo Hansby, Frank O'Regan, Perry Molloy, Dulcie Fitzgerald, Lionel Bevis, Barry Gollan, Mary Fraser, Lawrence Dowling, Nev Ryan, Geoff Jefferies..



School Holidays start

Monday 12 December 2022

Term 1 commences

Monday 23 January 2023

MELBOURNE CUP HIGH TEA

Thank you for your donations, \$1847 was raised from the Melbourne Cup High Tea event, half will be donated to St Vincent de Paul.

2ND RITE OF RECONCILIATION

For those wishing to prepare themselves for the celebration of Christmas a 2nd Rite of Reconciliation will be celebrated 5pm Thursday 22 December at Sacred Heart Church. Fr Andrew Hogan & Fr Andrew Chase will be available for confessions on that evening.

WEEKDAY MASS TIMES DURING DECEMBER

Please check the bulletin carefully for weekday Mass times during December. Due to other commitments Fr Andrew Hogan will be absent for periods of time & some Masses will be cancelled.

SUNDAY 5:00PM MASS

The Sunday evening Mass will continue for the 4 Sundays of Advent. There will be no Sunday evening Mass on Christmas Day, or New Year's Day. This Mass will resume when Fr Matthew returns to the parish.

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

GOSPEL MEDITATION

We can embrace and relish each moment of our lives as a sacred sacrament or nonchalantly and robotically attend to what life presents. We have our feet in two worlds. One is holy and sacred, and the other is profane and secular. Which one has the greater claim on us? To what do we devote most of our energy? We can easily be consumed with the particular demands and essentials of daily life: family, work, obligations, and the like, that we don't really notice anything more than what is right before us. We become masters at "doing" and neglect our need to "savor." Jesus reminds his friends that "as it was in the days of Noah, so it will be at the coming of the Son of Man. In those days before the flood, they were eating and drinking, marrying and giving in marriage, up to the day Noah entered the ark. They did not know until the flood came and carried them all away."

While certain things require our daily attention, we cannot become so consumed with them that we fail to see the larger picture of what is coming. For the Christian, Advent is the time to pause, reflect, and savor. It is a time to see life as a sacrament of the moment and not just an investment in secular interests, pleasures, and personal obligations. It is easy to get distracted, lazy, preoccupied, and tired. Apathy can quickly wreak havoc on the most dedicated of souls. Whatever we can do this Advent season to be more attentive, focused, alert, and watchful will serve us well. It will make us eager and well-prepared to meet our Lord when he comes. It is for certain that he will come.

Who made me? What is my purpose? What will happen to me when I die? These are pivotal questions that, in life's busyness, we hardly find time to ask and answer. They define who we are, and the answers we provide serve as guideposts and anchors in the seas of our lives. Advent is the perfect time to make friends with our souls. It is a time to perk ourselves up, open our eyes, ears, and hearts and seek God's presence in the simple moments of our lives. God is with us. Ask God to grant you a deeper appreciation for His presence and the gift of attentiveness.

©LPi



Parish Administrator

Rev Andrew Hogan

Senior Finance

Administration Officer

Mrs Vanessa Ramswarup

Administration Officer

Mrs Andrea Canavan

Office Hours

Monday to Friday

9:00am - 2:00pm

Phone

07 4933 6171

Emergency Contact In Danger of Death

07 4933 6460

Email

capcoast@rok.catholic.net.au

Postal Address

PO Box 64 Yeppoon QLD 4703

Sacred Heart, Yeppoon

7 Tabor Drive Lammermoor

Mary Immaculate, Emu Park

38 Archer St Emu Park



Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God.
That we may be made worthy of
the promises of Christ.

NEXT WEEK'S READINGS



First Reading

Isaiah 11:1-10

He judges the poor with justice.

Psalm 71

Justice shall flourish in his time,
and fullness of peace for ever.

Second Reading

Romans 15:4-9

Christ, the hope of all people.

Gospel

Matthew 3:1-12

Repent, for the kingdom of heaven is
close at hand.



ST VINCENT DE PAUL CHRISTMAS APPEAL

Parishioners are invited to donate non-perishable goods to the 2022 St Vincent de Paul Christmas Appeal for Christmas Hampers for families in need.

Baskets are available in the foyers of either Sacred Heart Yeppoon or Mary Immaculate Emu Park. Envelopes are available for any monetary donations. Your continuing generosity is very much appreciated.

MARY IMMACULATE SHARED MEAL

To be held next Saturday after 5.15pm Mass. Please bring a plate to share if able & also your own coffee cup to help the environment. Everyone most welcome!!

FUNERAL PREPARATION

Take the burden away from your family & pre plan your funeral at Sacred Heart or Mary Immaculate Church. To make an appointment contact the Parish office on 4933 6171 or email capcoast@rok.catholic.net.au.

The Capricorn Coast Catholic Parish CHRISTMAS MASSTIMES

The Nativity of the Lord

Saturday 24 December 2022

4:30pm Carols Mary Immaculate Emu Park
5:00pm Mass Mary Immaculate Emu Park
7:00pm Carols Sacred Heart Lammermoor
7:30pm Mass Sacred Heart Lammermoor

Sunday 25 December 2022

9:00am Mass Sacred Heart Lammermoor

Sacred Heart Church 7 Tabor Drive Lammermoor
Mary Immaculate Church 38 Archer Street Emu Park

The Catholic Diocese of Rockhampton abides by the principles of the *National Catholic Safeguarding Standards* (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan *Professional Standards & Safeguarding Office*: Response Line: 1800 830 113 (free call) or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.rock.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.psoqld.catholic.net.au/



St Brendan's College

07 4939 9300

administration@sbcc.qld.edu.au



St Ursula's College

07 4939 9600

ursulas@stursulas.qld.edu.au



Sacred Heart Primary School

07 4994 8215

shy@rok.catholic.edu.au



St Benedict's Primary School

07 4930 2744

info@skyrok.catholic.edu.au

The Capricorn Coast Catholic Parish

CHRISTMAS MASS TIMES

The Nativity of the Lord

Saturday 24 December 2022

4:30pm Carols Mary Immaculate Emu Park

5:00pm Mass Mary Immaculate Emu Park

7:00pm Carols Sacred Heart Lammermoor

7:30pm Mass Sacred Heart Lammermoor

Sunday 25 December 2022

9:00am Mass Sacred Heart Lammermoor

Sacred Heart Church 7 Tabor Drive Lammermoor

Mary Immaculate Church 38 Archer Street Emu Park