

CAPRICORN COAST CATHOLIC PARISH

Sacred Heart & Mary Immaculate

To nurture the spiritual life and activities of the parish community



The worshipping communities of Sacred Heart, Yeppoon and Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather and pay respect to their elders: past, present, and emerging. For we too are one in land, one in spirit, one in faith, united in God's love.

LITURGIES

5 - 9 June 2023

MONDAY

TUESDAY

5pm St Brendan's College

6:30pm Alpha

WEDNESDAY

9am Mass Sacred Heart Church

Adoration & Rosary

6pm Sacramental Program

THURSDAY

9am Mass St Benedict's School

FRIDAY

10am Funeral Noela Tansey Mass

Sacred Heart Church

2:00pm Rosary

SATURDAY

5:15pm Mass Mary Immaculate

SUNDAY

*The Most Holy Body &
Blood of Christ*

8:00am-8:30am Reconciliation

Sacred Heart Church

9am Mass Sacred Heart Church

3:15pm Sacramental Program

5pm Mass Sacred Heart Church



Want to donate to the Parish with a one-off gift? You can give easily & securely by scanning the above QR code with your smart phone. Thanks for your support!



Pray For...

the sick:

Robert Horton, Marie Griffin, Bev Bartlem, Kristine White, Dale Davenport, Kevin McConville, Joan Jowett, Michael Jones, Jill Egan, John Bignell.

the recently deceased:

Noela Tansy, Isabel Blunt, Stephen Murphy, Cathy Bedford, Colleen Fagan, Judith Hayes, Ross Tarrant, Barbara Piguët (Swiss), Bernice Taylor, Jim Tuner.

those whose anniversary occurs at this time:

Carmel Mahony, Bill Halberstater, Carmel Daykin, Sue Halberstater (Table Mountain), Margaret Lamberick, Beverly Murphy, Margaret Curley.

MEET IN THE MIDDLE

Will be held Monday 12 June at the Waterline Cafe at the Marina. We will meet at 10am to enjoy each other's company, in the peaceful surroundings of God's beautiful creation. Look forward to seeing you there.

R.C.I.A.
RITE OF CHRISTIAN INITIATION OF ADULTS

*Are you interested in more about the Catholic Faith?
Do you know someone who is interested in becoming a Catholic?
Are you a lapsed Catholic & feeling a yearning to "return home"?*

R.C.I.A (Rite of Christian Initiation for Adults) is active in the Capricorn Coast Parish. For more information contact the Parish Office on 49336171 or Sue on 49250462.

MARY IMMACULATE SHARED MEAL

Saturday 3 June after 5:15pm Mass
Please bring a plate to share if able & also your coffee cup to help the environment. Look forward to seeing you there!!

SAFEGUARDING TRAINING

Tuesday 20 June 2023
10:30am Mary Immaculate Emu Park
5:30pm Sacred Heart Yeppoon
Please RSVP to the Parish office if you are attending
capcoast@rok.catholic.net.au or phone 4933 6171

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

GOSPEL MEDITATION

In my experience, one of the peculiarities of being a man is the somewhat unlikely ability to look into the mirror, no matter how out of shape he may be, and declare with full confidence: "Looking good, buddy!" Ask a man. He'll probably confirm it.

Therein lies a mystery. You might think I refer to man's ability to deceive himself or his propensity toward vainglory. But in this case, I refer to the mystery of a healthy and proper sense of self-love. We human beings (both men and women) have the utterly weird ability to look at ourselves as if we were another. Then we tend to love this "other." Then, somehow, that love becomes a bond between the two. We are three and yet one.

This Sunday is Trinity Sunday. We ponder anew that God in His unity is a play of multiplicity: Lover, Beloved, and shared Love. Or, as we also proclaim, Father, Son, and Holy Spirit. If we allow it, this mystery heals our temptation toward self-hatred and destruction. We all know how awful it is to look into the mirror and not know the person we see, or, equally bad, to know and hate who we see. Jesus, the Son of God, draws us into the dynamics of authentic self-knowledge and self-love. Perhaps we could ask the Holy Trinity this Sunday to teach us to truly look at ourselves and to properly love who we see looking back.
- Father John Muir ©LPi

Gifts of Time & Talent 2023

On the weekend of June the 4th there will be an opportunity for each of us to share our gifts & talents in our Parish and community.

Please take to your prayer over these coming days to reflect on what you might like to share in your gifts and talents as a way of giving thanks to God for the blessings which we receive.

Formation & information will be given as necessary.
Thank you in anticipation.



Parish Priest

Fr Matthew Moloney

matthewmoloney@rok.catholic.net.au

Senior Finance

Administration Officer

Mrs Vanessa Ramswarup

Administration Officer

Mrs Andrea Canavan

Office Hours

Monday to Friday

9:00am - 2:00pm

Phone

07 4933 6171

Emergency After Hours

(Presbytery)

07 4933 6824

Email

capcoast@rok.catholic.net.au

Postal Address

PO Box 64 Yeppoon QLD 4703

Sacred Heart, Yeppoon

7 Tabor Drive Lammermoor

Mary Immaculate, Emu Park



Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God.
That we may be made worthy of
the promises of Christ.

NEXT WEEK'S READINGS



First Reading

Deuteronomy 8:2-3, 11-16
He gave you food which you & your ancestor did not know.

Psalm 147

Praise the Lord, Jerusalem.

Second Reading

1 Corinthians 10:16-17

Though we are many, we form a single body because we share this one loaf.

Gospel

John 6:51-58

My flesh is real food & my blood is real drink.



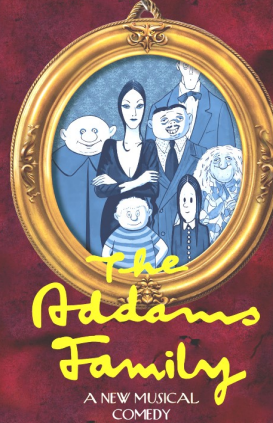
The CATHOLIC LEADER

The Catholic Leader is now located on the back of the Pius Store Door in Sacred Heart Church

\$4.00 per Newspaper

All proceeds collected go to St Vincent de Paul

St Ursula's College, Yeppoon
proudly presents



2-3 JUNE 2023
Performances at the College
Friday & Saturday 7pm
Purchase tickets online at www.ticketbo.com.au/addamsfamilystu

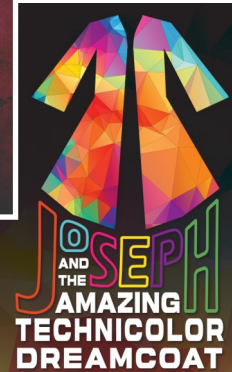
Book by Marshall Brickman and Rick Elfer | Music and Lyrics by Andrew Lipka
Based on Characters Created by Charles Addams
BY ARRANGEMENT WITH ORIGIN THEATRICAL ON BEHALF OF THEATRICAL RIGHTS WORLDWIDE, NEW YORK



St Ursula's College
'The Addams Family'
Musical
7pm 2-3 June 2023



St Brendan's College
'Joseph & the Amazing Technicoloured Dreamcoat'
14-22 July 2023



MUSIC BY ANDREW LLOYD WEBBER
LYRICS BY TIM RICE
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SHOW TIMES:
FRIDAY 14 JULY 2023 - 7.00PM
SATURDAY 15 JULY 2023 - 1.30PM
FRIDAY 21 JULY 2023 - 7.00PM
SATURDAY 22 JULY 2023 - 5.30PM

PROUDLY PRESENTED BY:



The Catholic Diocese of Rockhampton abides by the principles of the **National Catholic Safeguarding Standards** (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan **Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call)** or email: pssoadmin@rok.catholic.net.au **Diocesan Website** for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the **Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy:** www.rok.catholic.net.au/safeguarding-policies.html **Queensland Professional Standards Office:** www.psoqld.catholic.net.au/



St Brendan's College
07 4939 9300

administration@sbc.qld.edu.au



St Ursula's College
07 4939 9600

stulas@stursulas.qld.edu.au



Sacred Heart Primary School
07 4994 8215

shy@rok.catholic.edu.au



St Benedict's Primary School
07 4930 2744

info@skyrok.catholic.edu.au

In gratitude to God for the many blessings given to me, I offer my time and talents in one or more of the ministries of our parish.

Name: _____

Address: _____

Phone: _____

Best time to be contacted: _____

Email: _____

Mass Time: (circle)

5:15pm	Saturday	Emu Park
9am	Sunday	Yeppoon
5pm	Sunday	Yeppoon

Community: (circle)

Sacred Heart Yeppoon

Mary Immaculate Emu Park

STEWARDSHIP DISCIPLES RESPONDING

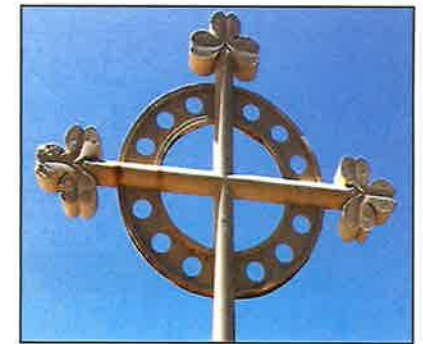
As members of the Church, Jesus calls us to be disciples. Christian stewards respond in a particular way to the call of discipleship.

Stewardship is based on the understanding that all we have is gift from God. We show gratitude for these gifts by returning a portion of our time, talents, and treasure back to God.

- ❖ Information on the various ministries is available if you would like to know more.
- ❖ Indicate ✓ on this form in which ministry or ministries you are interested in.
- ❖ Complete ONE form per person and return it to the Parish Office or place in Collection Plate.
- ❖ There are opportunities for ALL ages.
- ❖ If you don't find a ministry you're interested in, consider other ways your talents could best help others in this parish.
- ❖ A ministry representative will contact you.



STEWARDSHIP of TIME & TALENT



**CAPRICORN COAST
CATHOLIC PARISH**

2023

Capricorn Coast Catholic Parish – Gifts of Time & Talent 2023

Brief Descriptions

Parish Leadership Group – together with the Parish Priest, they help to guide the pastoral needs and plans for the parish.

Parish Finance Team – Together with the Parish Priest, they help plan the spending and works projects of the parish, as well as developing strategies for income and investment.

Parish Safeguarding Team – Raising awareness of safeguarding, contact point, working with parish & diocesan office to ensure a safe place for all.

Media/I.T./Parish Photos – includes tasks such as working in the digital communications and taking photos/videos of activities within the parish, other opportunities may also be developed.

Adult Faith Formation Team – Develop and provide opportunities for adults in the parish to further their faith understanding and participation, such as presentations and guest speakers. This includes the likes of Alpha Course, which is being established in our parish.

State School Catechesis – Go into the local state schools to provide the Religious Instruction lessons for children at those schools.

Tabor Good Shepherd Atrium – Working in a team for catechesis of our young people (3-12 years of age, outside of the Mass times), formation is provided.

Sophia Library Group – With Sr Kym, at the Benedictine Monastery, they have a library that they have provided for the parish to access.

Scripture Study Group – provide some opportunity to study the Bible, whether a small group in the home with a casual reading approach or an established study program that is offered to the parish.

Rite of Christian Initiation for Adults (RCIA) – provides instructions and formation for adults wishing to join the Catholic faith and receive the Sacraments. People share their faith and journey.

Healing Prayer Ministry – is a particular prayer group that prays for people within the parish such as by being available after some Masses to pray with and over those who wish to come for prayer.