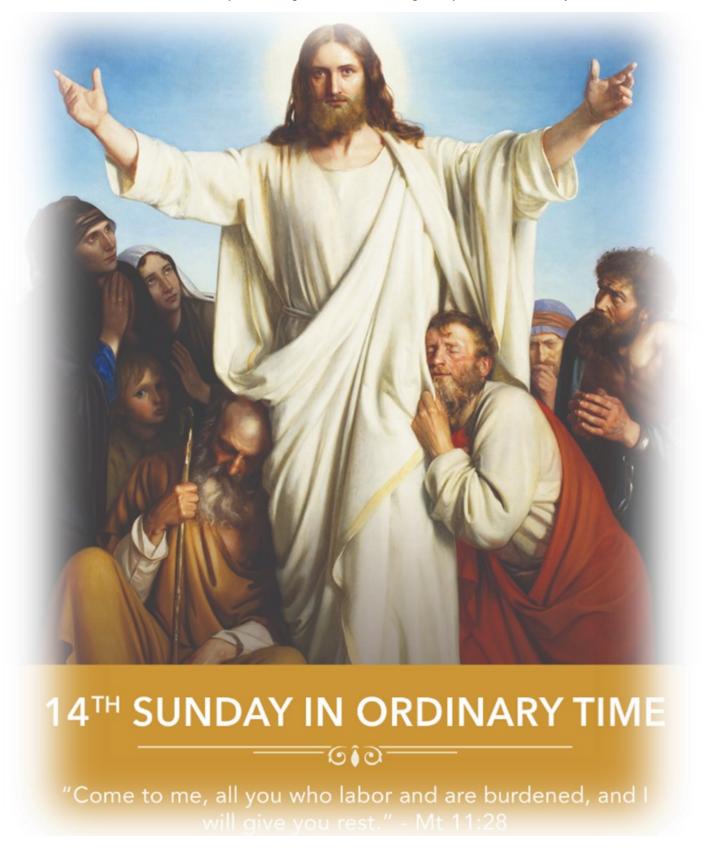
CAPRICORN COAST CATHOLIC PARISH

Sacred Heart & Mary Immaculate

To nurture the spiritual life and activities of the parish community



The worshipping communities of Sacred Heart, Yeppoon and Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather and pay respect to their elders: past, present, and emerging. For we too are one in land, one in spirit, one in faith, united in God's love.

LITURGIES

10 - 16 July 2023

BISHOP'S VISIT

THURSDAY

11am St Brendan's College Building Opening with Bishop *Challenge Cup*

5:30pm Sacred Heart Meeting Room Parish Leadership Group Parish Finance Committee

7pm Meal Parish Centre

FRIDAY

8:30am Sacred Heart School Assembly

10am Mass Sacred Heart Church (Bishop Michael Presiding)

6pm Confirmation

SATURDAY

5:15pm Mass Mary Immaculate
Supper after Mass

SUNDAY

8:00am-8:30am Reconciliation

9am Sacred Heart Mass 1st Holy Communion

5pm Sacred Heart Mass Confirmation & 1st Holy Communion St Brendan's & St Ursula's

NOTICE

Fr Matthew in Toowoomba 10-12 July Installation of Bishop Ken Howell

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



the sick:

Angela White, Mary Williams, Michael Jones, Giulia Jones, Christine Stephenson, Brigitte Scheer, John Bignell, Barry Abraham, Narelle Beavan, Mara O'Reilly.

the recently deceased:

Coleen Bignall, Carmel Hayes, Margaret Mealey, Betty Hoch, Julie-Anne Maguire, Noela Tansey, Des Reid, Robert Horton, Isabel Blunt, Stephen Murphy.

those whose anniversary occurs at this time:

Paul Worthington, Francis Mara, Patricia Ellrot, Walter & Loretto Marsh, Margaret Staines, Robert Maguire, Makita Devantier, Patricia Wilson, Shona Stanley.



SEA SUNDAY

9 July 2023



Stella Maris is the largest network of chaplains and ship visitors around the world. We welcome and support seafarers who come into Australia to bring us many of the things we need. Help us to help them.

On Sea Sunday, pray for them in your parishes.

To volunteer or donate, please visit our website: www.stellamarisaustralia.org



MEET IN THE MIDDLE



10am Monday 10 July

at the Waterline Cafe at the Marina.

We will meet at 10am to enjoy each other's company, in the peaceful surroundings of God's beautiful creation.

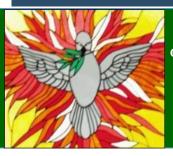
Look forward to seeing you there.

MARY IMMACULATE SHARED MEAL

Saturday 15 July after 5:15pm Mass

There will be a shared meal with Bishop Michael who is visiting the Capricorn Coast Catholic Parish.

Please bring a plate to share.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,

grant us in the same Spirit to be truly wise, and ever to rejoice in your consolation. Through Christ, our Lord. Amen

GOSPEL MEDITATION

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is "meek and humble of heart." We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is "yoked" to the Father in his divinity. But he is humbly "yoked" to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, "Come! I will give you rest." We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.

— Father John Muir ©LPi





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Administration Officer

Mrs Vanessa Ramswarup

Administration Officer

Mrs Andrea Canavan

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Sacred Heart, Yeppoon

7 Tabor Drive Lammermoor

Mary Immaculate, Emu Park



Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb Jesus.

O clement, O loving, O sweet Virgin Mary!

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

NEXT WEEK'S READINGS



First Reading

Isaiah 55:10-11

The rain makes the earth fruitful.

Psalm 64

The seed that falls on good ground will yield a fruitful harvest.

Second Reading

Romans 8:18-23

All creation is waiting for the revelation of the children of God.

Matthew 13:1-23

A sower went out to sow.



Want to donate to the Parish with a one-off gift? You can give easily & securely by scanning the above QR code with your smart phone. Thanks for your support!

KORRES STRAIT

Voice Prayer

We invite all Australians to join us, their Aboriginal and Torres Strait Islander Brothers and Sisters in prayer.

We pray for a bright and just shared future for all who call Australia home.

We ask that Your grace of acceptance and compassion will guide us.

Let the Creator Spirit lead our journey with the Aboriginal and Torres Strait Islander Peoples of this land.

May we share Your Spirit more deeply & celebrate the gifts You have given

Help us appreciate true harmony and peace just as our Old People did;

Keep us strong, make us resilient and remember us in this time.

Now is an opportunity to change our Nation's history for the better.

Walk with us as we write a new chapter together and

may we be one in Your love.



St Vincent de Paul Society good works

St Vincent de Paul Society Queensland Ceremony for the Commissioning of New Members & Renewal Commitment of Present Members 9am Mass Sunday 6 August 2023 **Sacred Heart Church Yeppoon**

Followed by Morning Tea in the Community Room

SOPHIA LIBRARY BOOK BOX

Sophia Library Book Box is returning to Sacred Heart Church on the 3rd Sunday of each month starting 16 July 2023.

Sophia Library is a religious collection managed by the Benedictine nuns on the coast & contains more than 10,000 books. Many are new titles added over the last 3 years during Covid shutdown. Selection now available for borrowing.



The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call) or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: https://rok.catholic.net.au/our-diocese/safeguarding/ To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.rok.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.psoqld.catholic.net.au/



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St Benedict's Primary School

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