

CAPRICORN COAST CATHOLIC PARISH

Sacred Heart & Mary Immaculate



Parish Priest

Fr Matthew Moloney

matthewmoloney@rok.catholic.net.au

Parish Secretary

Mrs Angela Wilczek

Administration Officer

Mrs Andrea Canavan

Office Hours

Monday to Friday

9:00am - 2:00pm

Phone

07 4933 6171

Emergency After Hours

(Presbytery)

07 4933 6824

Email

capcoast@rok.catholic.net.au

Postal Address

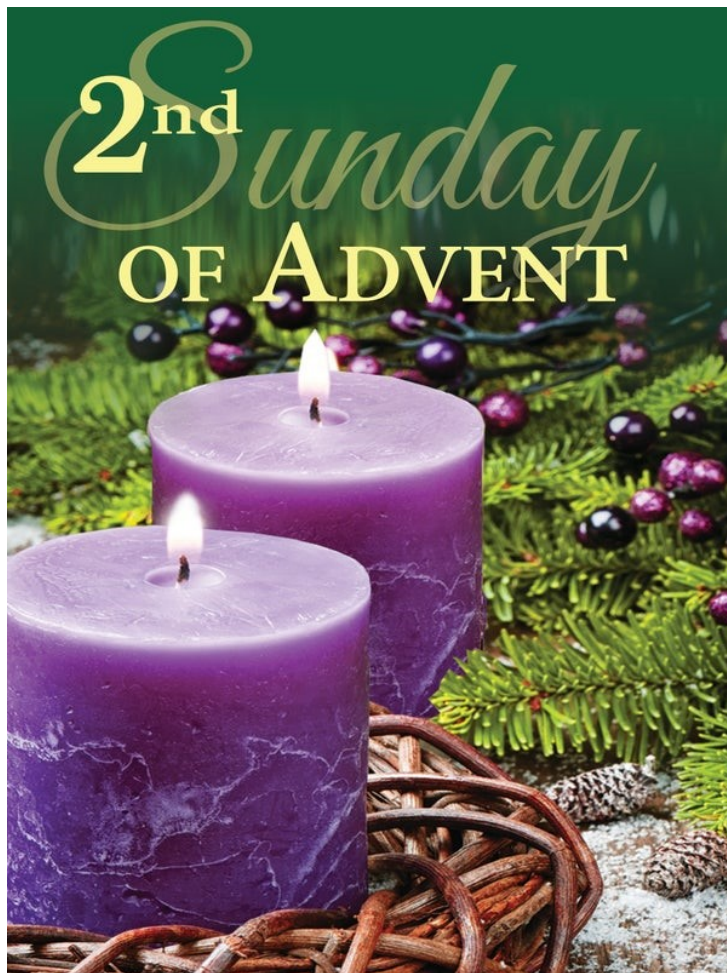
PO Box 64 Yeppoon QLD 4703

Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park



GOSPEL MEDITATION - We like to think we are totally free, but the bitter truth is we simply are not. Or better put, our freedom is limited on every side — by governments, corporate giants, physical and mental frailties, genetic shortcomings, and even the boundaries of time and space, and above all, the burden of our sins and pending deaths. In our day, we are perhaps particularly aware that we are not free to disconnect from the technocratic rulers of the air. If you doubt me, try not paying your internet bill and see what happens. We are not totally free.

It's nothing new, of course. In Jesus' day, everyone felt the crushing weight of the Roman Empire. You can say you're free all you want. But try not paying your taxes to Rome and see what happens.

Once we feel this burden in our own lives — however it comes — we are ready to hear the stunning announcement that commences Mark's gospel, "The beginning of the Gospel of Jesus Christ, the Son of God." It's not a simple perfunctory introduction, but a dramatic announcement of new freedom. The word "gospel" was a political, even military, term. It meant: a great victory has been won and a new king is in charge. This Jesus — not the Roman emperor — is God's son, and he has defeated all that crushes human freedom. It's time to follow him and be truly free. This week let's refuse to submit our freedom to false rulers — especially that of sin. And let's rejoice that Christ is coming to make us perfectly free from all our oppressors.— Father John Muir ©LPi

The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.

For we too are one in land, one in spirit, one in faith, united in God's love.



LITURGIES



Date	Time	Mass
Tues 12 Dec	9:00am	Mary Immaculate
Wed 13 Dec	9:00am	Mass, Adoration & Rosary, Sacred Heart
Thurs 14 Dec	6:00pm	Penitential Service, Sacred Heart
Fri 15 Dec	9:00am	Sacred Heart
	2:00pm	Rosary
Sat 16 Dec	5:15pm	Mary Immaculate
Sun 17 Dec (3rd Sun of Advent)	8:00 -8:30am	Sacred Heart, Reconciliation
	9:00am	Sacred Heart
	5:00pm	Sacred Heart

Advent Penitential Service
Sacred Heart Church
6pm, Thursday 14th December 2023
 The Sacrament of Reconciliation w
 ill be available for those who wish .

WEEKEND ROSTER			
This weekend - 2nd Sunday of Advent 9th & 10th December			
	5.15pm Sat Mary Immac.	9am Sunday Sacred Heart	5pm Sunday Sacred Heart
Commentator	Gail Goodman	Warren Middleton	Margaret McAuliffe- Harris
First Reader	Christine Davids	Catherine Weaver	Xavier McWhinney
Second Reader	Michele Connors	Erin Hutchinson	Jesse McWhinney
Next weekend - 3rd Sunday of Advent 16th & 17th December			
Commentator	Collette Bowman	Gordon Gauld	Mark Kennedy
First Reader	Marian Robinson	Marny Keith	Parishioner
Second Reader	Jan Jaeger	Roger McWinney	Parishioner

The Capricorn Coast Catholic Parish
CHRISTMAS MASSTIMES

4th Sunday Advent
Saturday 23 December 2023
 5:15pm Mass Mary Immaculate
Sunday 24 December 2023
 9:00am Mass Sacred Heart

Nativity of the Lord
Sunday 24 December 2023
 4:30pm Carols Mary Immaculate
 5:00pm Mass Mary Immaculate
 6:30pm Carols Sacred Heart
 7:00pm Mass Sacred Heart

Monday 25 December 2023
 9:00am Mass Sacred Heart

Sacred Heart Church 7 Tabor Drive Yeppoon
Mary Immaculate Church 38 Archer Street Emu Park

Pray for



The sick:

Ollie Miles, Michael Jones, Carolyn Perkins, Doreen Quinn, Anthony Withoos, Joan Conaughton, Bill Schofield, Ravi Ramswarup, Denis Malone, Fr. Peter Tonti.

The recently deceased:

Lynette Aboud, Louise Page, Gavin Massie, Tom Harris, Richard Reed, Rosalie Steyn, Tony Schofield, William Edwin Senn, Catherine Marshall, Dave Madigan.

Those whose anniversary occurs at this time:

Jack & Joan Grimes, Anton (Tony) Schick, Warren Williams, Shane Hocking, Anthony Bowman, Leo Hansby, Carmel Schick, Carmel Gormley, Shane Hansby, Doug Read, Mary Nash.

Come Holy Spirit,
 fill the hearts of your faithful,
 enkindle in them the fire of your love.
 Send forth your Spirit
 and they shall be created.
 And you shall renew the face of the earth.



Let us pray.
 O God, who instruct the hearts of the faithful
 by the light of the Holy Spirit,
 grant us in the same Spirit to be truly wise,
 and ever to rejoice in your consolation.
 Through Christ, our Lord. Amen

LAST CHANCE!!

WORD AMONG US SUBSCRIPTION

This is your last opportunity to receive a yearly subscription to this wonderful little prayer tool. It is a monthly edition containing daily meditations based on the Mass readings, Inspiring stories of saints and practical prayer starters to draw you closer to God. The cost is \$48 for the year. If you would like to subscribe, please advise Helen on helenmcintyre50@gmail.com or text on 0409051495 before the end of the week.

SAFEGUARDING

Safeguarding training will be held after Mass for our Parish this week.

9th and 10th December

If you are unable to attend to this, there is an option available to complete an online training session. Please see the office for more information.

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2022) and is committed to safeguarding, with a specific focus on protecting children and adults at risk.

Summer Camp 2024

Ignite Summer Camp Diocesan Group

When: 10-14 January, 2024

Where: QCCC Mapleton (Sunshine Coast)

Who: Any 2024 high school students

Ignite Summer Camp is back in 2024, with four days of huge outdoor games, amazing rallies, 200 new mates and connecting with Jesus. Our diocese will be taking a group to Summer Camp, providing transport to and from the event and even providing an extra night's accommodation so we will be ready to go when the camp begins on the morning of the 11th of January. To register with our diocesan group, scan the QR code or go to <https://rok.catholic.net.au/services-agencies/pastoral-services/youth-ministry/summer-camp/>. For more details contact Mick at youth@rok.catholic.net.au or 0433 897 973.



Thank You!

to
Capricorn Coast Catholic Parish

for raising

\$651.80

for the St Joseph's Cathedral Conservation Appeal 2023



CHRISTMAS APPEAL - ST VINCENT DE PAUL

Parishioners are invited to donate non-perishable goods to the 2023 St Vincent de Paul Christmas Appeal for Christmas Hampers for families in need.

Baskets are available in the foyers of both Sacred Heart Church, Yeppoon, and Mary Immaculate Church, Emu Park.

Envelopes are available for any monetary donations.

Thank you!

Date Claimers:

22 Feb 2024: Ordination to Priesthood of Deacon
Peter Doherty

3rd & 4th February Enrollment Lent & Easter
2024: ALPHA Program

Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God.
That we may be made worthy of
the promises of Christ.



THIS WEEK'S READINGS

2ND SUNDAY OF ADVENT

1st Reading:

Isiah 40:1-5, 9-11

Prepare the way for the Lord.

Psalm 84:

Lord, let us see your kindness, and grant us your salvation.

2nd Reading:

2 Peter 3:8-14

We wait for new heavens and new earth.

Gospel:

Mark 1:1-8

Make straight the paths of the Lord.

NEXT WEEK'S READINGS

3RD SUNDAY OF ADVENT

1st Reading: Isiah 61:1-2,10-11

Psalm: Lk 1

2nd Reading: 1 Thess. 5:16-24

Gospel: John 1:6-8,19-28

Rockhampton Musical Union will be leading Carols in the Cathedral on Sunday, 17th December from 4.30 to 5.30pm, which will be followed by the 6pm Sunday Mass and then the launch of the Lights of Christmas for 2023. All are most welcome to attend for a spectacular lead up to Christmas.



CATHOLIC DIOCESE OF ROCKHAMPTON

INVITATION: CHILDREN & PARENTS ADVENT PREPARATION

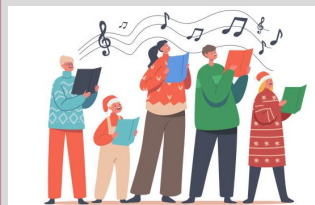
Children (3-12 years old) are invited to Advent preparation sessions at Sacred Heart Church Community Hall.

10-11am Saturday 9th December

10-11am Saturday 16th December

10-11am Saturday 23rd December

Ph: Angela Acharya 0407 383 007 or Parish Office 4933 6171 All Welcome



Wed 20th & Thurs 21st December 6pm

CHRISTMAS MUSIC PRACTICE

All Musicians & Singers



Decorate our Church Christmas Tree

with photos of Family & loved ones. Please hang on tree.

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call) or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.roc.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.psoqld.catholic.net.au/



St Brendan's College

07 4939 9300

administration@sbc.qld.edu.au



St Ursula's College

07 4939 9600

ursulas@stursulas.qld.edu.au



Sacred Heart Primary School

07 4994 8215

shy@rok.catholic.edu.au



St Benedict's Primary School

07 4930 2744

info@skyrok.catholic.edu.au