CAPRICORN COAST CATHOLIC PARISH

21 Jan 2024 - 3rd Sunday in Ordinary Time, Year B



Parish Priest

Fr Matthew Moloney

matthewmoloney@rok.catholic.net.au

Parish Secretary

Mrs Angela Wilczek

Administration Officer

Mrs Andrea Canavan

Office Hours

Monday to Friday

9:00am - 2:00pm

Phone

07 4933 6171

Emergency After Hours (Presbytery)

07 4933 6824

Email

capcoast@rok.catholic.net.au

Postal Address

PO Box 64 Yeppoon QLD 4703

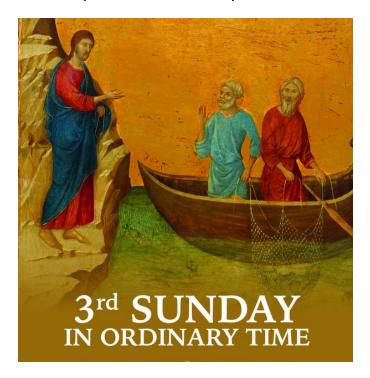
Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park





GOSPEL MEDITATION

We start telling lies around the age of three, the experts tell us. It's understandable. Lying is a god-like power. Whatever I want, I need only say it, and the world rearranges itself accordingly. It's amazing at first. But soon reality snaps back and I'm faced with a dilemma. If I remain committed to my lie I start to fracture into pieces. My words and reality drift apart, and I find myself lost in a lonely world of further falsehoods and fear of being found out.

How marvelous, then, that Jesus begins his ministry by proclaiming: "Repent!" We tend to think it means "stop doing bad things" but it doesn't. It literally means "go beyond the mind you have." Think in a new way. It's painful to admit, but some portion of my mind is addicted to lie-telling, usually to protect my ego or make life easier. To repent means to admit this tendency, to say, "I'm done lying," and to move beyond my split mind into a complete commitment to the truth. Perhaps that's why at Mass we together proclaim, "I have sinned in my thoughts, and in my words..." Repentance and truth-telling work together.

Those who know the twelve-step process of addiction recovery know this process well. The fourth step requires radical truth-telling: listing our moral defects. This isn't being scrupulous. Rather it is freedom from falsehood, and entrance into the real world. This week, I invite you to join me in this practice. Get your phone or piece of paper. Answer the question: what are your true moral defects? Write them down. Remember, the Lord knows them already and loves you. We have a sacrament where this truth-telling is celebrated: Confession. Perhaps it is finally time to go beyond our child-ish lies.—Father John Muir ©LPi

The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.

For we too are one in land, one in spirit, one in faith, united in God's love.

LITURGIES

| Date | Time | Mass | |
|-------------|----------|---|--|
| Wed 24 Jan | 9:00am | Mass, Adoration & Rosary, Sacred Heart , Fr Noel | |
| Fri 26 Jan | 9:00am | Australia Day Mass, Sacred Heart, Fr Noel | |
| | 2:00pm | Rosary, Sacred Heart | |
| Sat 27 Jan | 5:15pm | Mary Immaculate | |
| Sun 28 Jan | 8-8:30am | Reconciliation, Sacred Heart | |
| (4th Sun of | 9:00am | Sacred Heart | |
| Ord. Time) | 5:00pm | Sacred Heart | |

Fr Matthew will return from the Clergy Life & Ministry Conference next weekend. We thank Bishop Michael and Fr Noel for being with us during Fr Matthew's absence.

| WEEKEND ROSTER | | | | | |
|---|-------------|--------------|------------------|--|--|
| | | | | | |
| This weekend - 3rd Sunday Ordinary Time, Year B 20/21 Jan | | | | | |
| | 5.15pm Sat | 9am Sunday | 5pm Sunday | | |
| | Mary Immac. | Sacred Heart | Sacred Heart | | |
| Commentator | Michelle | Warren | Mark Kennedy | | |
| | Griffin | Middleton | | | |
| 1st Reader | Sr Grace | Roger | Megan Slade | | |
| | Bartolo | McWinney | | | |
| 2nd Reader | John | Marny Keith | Julie | | |
| | Hinton | | McLaughlin | | |
| Next weekend - 4th Sunday Ordinary Time, Year B 27/28 Jan | | | | | |
| Commentator | Kathy | Sean Fallis | Margaret | | |
| | Maloney | | McAuliffe-Harris | | |
| 1st Reader | Laurie | Erin | Melissa Collins | | |
| | Griffin | Hutchinson | | | |
| 2nd Reader | Michelle | Catherine | Helen Langdon | | |
| | Griffin | Weaver | | | |

New Rosters (SH) will be available soon. Check Bulletin Roster for now.



The sick:

Peter Hayes, Clare Carsten, Jo-Anne Coxon, Ronnie Camenzuli, Alan Davids, Adam Loch, Carolyn Perkins, Veronica Loudon-Riley.

The recently deceased:

Robin Holmes (Gladstone), Gerard Pierce (Emerald), John Holland, Ken Holmes, Susan McCamley, Merle Donovan, Kevin Davids, Lynette Aboud, Louise Page, Gavin Massie.

Those whose anniversary occurs at this time:

Colin Shaw, Vince O'Brien, Robert Effeney, Phillip Quinn, Briona McKone, Dawn Abraham, Lea Alejandre, Marie Mitchell, Jack & Joan Grimes, Anton (Tony) Schick, Warren Williams.

Welcome back to our teachers and students. We wish you many blessings for the year ahead.





Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

RI CATECHIST NEWS

Mandatory Training: must be completed by all RI Catechists (see Lorna's email, or Hazel Massie)

Monday 29th January, 8:45 - 10:45am, Baptist Tabernacle, 650 Norman Road, North Rton.

Tuesday 13th February, 8:30am - 2:30pm, Seventh Day Adventist Church, 58 McBean Street, Yeppoon.

Next Meeting: Tuesday 6th February, 10am, Sacred Heart Community Room

Choir Rehearsal for the Presbyteral Ordination of Rev Peter Doherty

If you wish to join the choir for the Presbyteral Ordination and Mass of Thanksgiving of Rev Peter Doherty your attendance at the following rehearsals is required and greatly appreciated at St Joseph's Cathedral:

Tuesday 30th January 6.00pm – 7.30pm, Tuesday 06 February 6.00pm – 7.30pm,

Tuesday 13 February 6.00pm - 7.30pm, Tuesday 20 February 6.00pm - 7.30pm,

Thursday 22 February from 8.00am.

Fr Andrew Hogan MC & Joy Philippi - Conductor

DATE CLAIMER

Safeguarding Training will be delivered in our Parishes on the dates listed below. All Clergy, Religious, Parish Staff and Church Volunteers are required to **attend this training every year**.

The Professional Standards and Safeguarding Office team look forward to seeing you at the training.

Yeppoon: Wednesday 7th August, 10:30am & 5:30pm at Sacred Heart Church Community Room

Rockhampton: Wednesday 14th August, 10.30am & 5.30pm at Duhig Centre

To register please contact your Parish Office

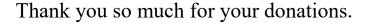
A new presentation is available to watch for those who are not able to attend the sessions listed. The new presentation can be viewed at the Parish Office. Please phone 4933 6171 to organise a time to view the presentation.

The Capricorn Coast Catholic Parish

is now a member of Containers for Change.

Simply advise our member number C11201111 at the depot when you drop your containers off.

It is a way of giving that costs nothing! You will not only make a difference to our community but also to the environment.







Team Member number

C11201111

Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb Jesus.

O clement, O loving, O sweet Virgin Mary!

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

THIS WEEK'S READINGS

3RD SUNDAY IN ORD TIME

1st Reading:

Jonah 3:1-5, 10

The Ninevites renounced their evil ways.

Psalm 24:

Teach me your ways, O Lord.

2nd Reading:

1 Corinthians 7:29-31

The world as we know it is passing away.

Gospel:

Mark 1:14-20

Repent, and believe the Good News.

NEXT WEEK'S READINGS

4TH SUNDAY IN ORDINARY TIME

1st Reading: Deuteronomy 18:15-20

Psalm: 94

2nd Reading: 1 Corinthians 7:32-35

Gospel: Mark 1:21-28



With praise and thanksgiving to God

Most Reverend Michael McCarthy
Bishop of Rockhampton
invites the people of the Diocese of
Rockhampton to the
Presbyteral Ordination of

Rev Peter Duncan Doherty

10.00am, Thursday 22nd February 2024 St Joseph's Cathedral

For those unable to join in person, the event can be watched online at:

https://www.youtube.com/user/StJosephsCathRton

Ordination of Rev Peter Duncan Doherty

10am, Thursday 22nd February

Mass of Thanksgiving

9am, Friday 23rd February

St Joseph's Cathedral, William St, Rockhampton

Date Claimer: 2024 Sacramental Program

Wednesday 8th May 2024, 6pm - Information Evening
Friday 16th August 2024 - Confirmation Ceremony
Sunday 18th August 2024 - First Holy Communion Ceremony

DATE CLAIMER:

The Rite of Election for the Diocese 2024

18th February, 9:30am Mass
St Joseph's Cathedral, Rockhampton

Date Claimer:

3rd & 4th February Enrollment Lent & Easter 2024: ALPHA Program

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call) or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: https://rok.catholic.net.au/our-diocese/safeguarding/ To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.rok.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.psoqid.catholic.net.au/safeguarding-policies.html



St Brendan's College

07 4939 9300 administration@sbc.qld.edu.au



07 4939 9600



Sacred Heart Primary School 07 4994 8215

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