

CAPRICORN COAST CATHOLIC PARISH

11 February 2024 - 6th Sunday in Ordinary Time, Year B



Parish Priest

Fr Matthew Moloney

matthewmoloney@rok.catholic.net.au

Parish Secretary

Mrs Angela Wilczek

Administration Officer

Mrs Andrea Canavan

Office Hours

Monday to Friday

9:00am - 2:00pm

Phone

07 4933 6171

Emergency After Hours

(Presbytery)

07 4933 6824

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Postal Address

PO Box 64 Yeppoon QLD 4703

Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park



LITURGIES

Date	Time	Mass
Tues 13 Feb	5:00pm	St Brendan's College
ASH WEDNESDAY	7:00am	Mary Immaculate
	9:00am	Sacred Heart
Thurs 15 Feb	11:00am	St Ursula's College
Fri 16 Feb	9:00am	Sacred Heart
	2:00pm	Rosary, Sacred Heart
Sat 17 Feb	5:15pm	Mary Immaculate
Sun 18 Feb	8-8:30am	Reconciliation, Sacred Heart
(1st Sun of Lent)	9:00am	Sacred Heart
	5:00pm	Sacred Heart



Repent,
and
believe
in the
Gospel.



**PROJECT
COMPASSION**
FOR ALL FUTURE GENERATIONS

**Project Compassion Sunday
10 & 11 February**

 **Caritas
AUSTRALIA**



Please take home a Project Compassion box or a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **for all future generations**. With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction to build a better future for all.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.

For we too are one in land, one in spirit, one in faith, united in God's love.

Pray for



The sick:

Renaë Ellaway (Duffy), Scott Mahosky, Kevin Lacey, Terry Groser, Ollie Miles, Jo-Anne Coxon, Ronnie Camenzuli, Alan Davids, Adam Loch, Carolyn Perkins, Veronica Loudon-Riley.

The recently deceased:

Norma Toon, John Slade, Michael Jones, Rita Clare Carsten, Robin Holmes (Gladstone), Gerard Pierce (Emerald), John Holland, Ken Holmes, Susan McCamley, Merle Donovan, Kevin Davids.

Those whose anniversary occurs at this time:

Vince Murphy, Shirley Kruger, Bill Shields, Jeff Shields, Clem Hampstead, Genny Hampstead, John Hampstead, Iris Crickmore, Di Black, Colin Shaw, Vince O'Brien, Robert Effenev, Phillip Quinn, Briona McKone.

WEEKEND ROSTER			
This weekend - 6th Sunday Ordinary Time, Year B 10/11 Feb			
	5.15pm Sat Mary Immac.	9am Sunday Sacred Heart	5pm Sunday Sacred Heart
Commentator	John McKenna	Gordon Gauld	St Brendan's College
1st Reader	Jan Jaeger	Mark Boyd	St Brendan's College
2nd Reader	Gail Goodman	Tink Boyd	St Brendan's College
Next weekend - 1st Sunday of Lent, Year B 17/18 Feb			
Commentator	Rene Veltmeyer	Barbara Pearson	Mark Kennedy
1st Reader	Marian	John Quinn	Parishioner
2nd Reader	John McKenna	Karen Quinn	Parishioner




**World Day of Prayer
AUSTRALIA**

Friday 1st March

9:30am Emu Park Uniting Church, 22 Archer St.
10am Yeppoon Uniting Church, 17 Lorikeet Ave.

*Most Reverend Michael McCarthy
Bishop of Rockhampton
invites the people of the Diocese to the
Presbyteral Ordination of
Rev Peter Duncan Doherty*



*10.00am, Thursday 22nd February 2024
St Joseph's Cathedral*

*Rev Peter's Mass of Thanksgiving will be
celebrated Friday 23rd February at
9.00am at St Joseph's Cathedral*


For those unable to join in person, both events can
be watched online at:
<https://www.youtube.com/user/StJosephsCathRton>

WELCOME to NEW PARISHIONERS

Introducing our new Welcome Packs which are available in the Church Foyer. The packs contain information regarding our Parish and Ministries. Please complete and return the forms, so that you can receive our weekly online bulletin and parish activities and events in our community.

LOST GLASSES - prescription glasses in blue case. If found please contact Joan Schick on 0438162941.

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

Receiving Holy Communion

In the fourth century, St. Cyril of Jerusalem described the practice of his own time and place in a famous passage (*Mystagogicae catecheses* 5,21):

Coming up to receive, therefore, do not approach with your wrists extended or your fingers splayed, but making your left hand a throne for the right (for it is about to receive a King) and cupping your palm, so receive the body of Christ, and answer, "Amen." Carefully hallow your eyes by the touch of the sacred body, and then partake, taking care to lose no part of it. Such a loss would be like a mutilation of your own body. Why, if you had been given gold dust, would you not take the utmost care to hold it fast, not letting a grain slip through your fingers, lest you be by so much the poorer? How much more carefully, then, will you guard against losing so much as a crumb of that which is more precious than gold and precious stones!

Reception of the Chalice

This practice was suspended when the COVID-19 pandemic began and it is now time to re-introduce it.

Therefore, **from next weekend (10/11 February)**, Communion under both forms (host and chalice) will be available at Mass at Sacred Heart and Mary Immaculate.

The *General Instruction of the Roman Missal* says: "Holy Communion has a fuller form as a sign when it is distributed under both kinds.

For in this form the sign of the Eucharistic banquet is more clearly evident." (*GIRM* 281)

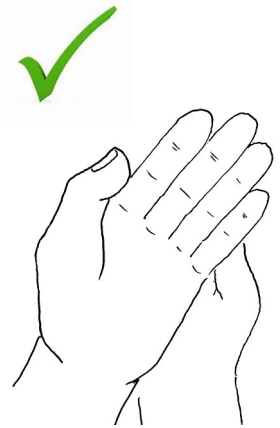
Nevertheless, all Catholics are free to choose whether to receive Holy Communion under one kind or both kinds.

Since it has been nearly four years since this practice was available, it is worth recalling some basic elements of the reception of Holy Communion:

- If you receive from the chalice, respond "Amen" when the minister says "The Blood of Christ". Then take the chalice in both hands, take a small sip, and hand the chalice back carefully to the minister.
- If you have any cold or flu symptoms, please **do not** receive from the chalice.
- Please **do not** take the host and dip it into the chalice (intinction); self-intinction is forbidden by church law.
- If you receive under only one kind (host or chalice), you still receive the complete presence of Christ: body, blood, soul and divinity.

Some general points about receiving the host (the Body of Christ):

- If receiving in the hand, place one hand palm up, the other hand underneath, and allow the minister to place the host onto your hand; then take the host and place it in your mouth immediately.
- Do not return to your seat still holding the host.
- Reception on the tongue is once again permitted; be sure to open your mouth and extend your tongue.



Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God.
That we may be made worthy of
the promises of Christ.

THIS WEEK'S READINGS

6TH SUNDAY IN ORD TIME

1st Reading:

Leviticus 13:1-2, 44-46

As long as he is unclean, he must live alone,
outside the camp.

Psalm 31:

I turn to you, Lord, in time of
trouble, and you fill me with the
joy of salvation.

2nd Reading:

1 Corinthians 10:31-11:1

Be imitators of me, as I am of Christ.

Gospel:

Mark 1:40-45

The leprosy left him and he was cured.

NEXT WEEK'S READINGS

1ST SUNDAY OF LENT

1st Reading: Genesis 9:8-15

Psalm: 24

2nd Reading: 1 Peter 3:18-22

Gospel: Mark 1:12-15

ALPHA SESSIONS

LENT/EASTER

Would you like to do something for Lent?

*During Lent and Easter you are invited to join a group to reflect
upon scripture and our journey of faith.*

Sessions will be held at both

Mary Immaculate and Sacred Heart Churches.

Information weekend: 10/11 February,

Time & Place of gathering to suit individual groups.

Participants will be invited after Mass to gather and organize times
and sessions. If you would like to organize a group yourselves, you
are most welcome.

Members of the Parish Leadership Group will lead these sessions.

Got Questions About Life

*Alpha is a series of interactive
sessions that explore the basics of
the Christian faith. ALL are
welcome, no experience necessary,
just an openness to learn and
journey in faith.*



RI CATECHIST

NEWS

MANDATORY TRAINING

Tues 13 Feb,
8:30am-2:30pm,
Seventh Day Ad Ch.

58 McBean St, Ypn.

MUSIC WORKSHOP

WITH TINK BOYD

SUNDAY 25TH FEB
3PM TIL MASS



MEET IN THE MIDDLE

Will commence on Monday, February 12th at 10am.
We will gather as usual at the Waterline Cafe for a bit
of fun and a chat and as always, surrounded by God's
beautiful creation. Please feel free to bring a friend
or someone who is unable to get there on their own.
Looking forward to seeing you all again
after our break.

The Catholic Diocese of Rockhampton abides by the principles of the *National Catholic Safeguarding Standards* (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan *Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call)* or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.rok.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.psoqld.catholic.net.au/



St Brendan's College

07 4939 9300

administration@sbc.qld.edu.au



St Ursula's College

07 4939 9600

ursulas@stursulas.qld.edu.au



Sacred Heart Primary School

07 4994 8215

shy@rok.catholic.edu.au



St Benedict's Primary School

07 4930 2744

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