

CAPRICORN COAST CATHOLIC PARISH

3 March 2024 - 3rd Sunday of Lent, Year B



Parish Priest

Fr Matthew Moloney

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Sacred Heart Church

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Mary Immaculate Church

38 Archer St Emu Park



GOSPEL MEDITATION:

I am the Lord your God ... You shall not have other gods beside me. —
Ex 20:2-3

One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to “have no other gods besides me.” This is our “grip.” Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say “yes” to this fundamental question of our spiritual “grip,” then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshipping God alone, the better we navigate the complexity of life with panache, effectiveness, and love.

Lenten challenge: This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this “idol” to better hold on to God alone in faithful worship. Remember: the best love the basics. -
Father John Muir ©LPi

HISTORICAL CONTEXT

In Jewish tradition, the Temple marked the point of physical connection between God and humankind and between the past and the present. It was where God's story and humanity's story met. However, in the year 70 C.E. — some 40 years after Jesus — the Temple was destroyed by the Romans. The gospel of John is written another 20+ years later and so the reality of the Temple's destruction is still trying to be absorbed by the people. It was a very powerful image for the gospel writer to suggest that Jesus was the new Temple — the new point of connection.

The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.

For we too are one in land, one in spirit, one in faith, united in God's love.

Pray for

Those being Baptised:

Peggy Boyle

The sick:

Emily White, Renae Ellaway (Duffy), Scott Mahosky, Kevin Lacey, Terry Groser, Ollie Miles, Jo-Anne Coxon, Ronnie Camenzuli, Alan Davids, Adam Loch, Carolyn Perkins.

The recently deceased:

Thelma Mainey, John Simmons, Norma Toon, John Slade, Michael Jones, Rita Clare Carsten.

Those whose anniversary occurs at this time:

Charlie Shelton, John Pearson, Fintan Real, Christine Gynther, Brendan Williams, Vince Murphy, Shirley Kruger, Bill Shields, Jeff Shields.

LITURGIES

Date	Time	Mass
Tues 5 March	5:00pm	St Brendan's College
Wed 6 March	9:00am	Mass, Adoration & Rosary, Sacred Heart
Fri 8 March	9:00am	Anointing Mass,
	2:00pm	Rosary, Sacred Heart
Sat 9 March	5:15pm	Mary Immaculate
Sun 10 March (4th Sun of Lent)	8-8:30am	Reconciliation, Sacred Heart
	9:00am	Sacred Heart
	5:00pm	Sacred Heart

MEET IN THE MIDDLE



Monday March 11th, commencing at 10am. All Parishioners of the Parish to join and meet at the Waterline Café, Rosslyn Bay. Please feel free to bring a friend.

SHARED MEAL THIS WEEKEND

MARY IMMACULATE

Saturday 3rd March.
BYO coffee cup, and bring a plate.

SACRED HEART
Sunday 4th March.
Please bring a plate.



WEEKEND ROSTER

This weekend - 3rd Sunday of Lent, Year B		2/3 March	
	5.15pm Sat Mary Immac.	9am Sunday Sacred Heart	5pm Sunday Sacred Heart
Commentator	Michelle Griffin	Sean Fallis	Mark Kennedy
1st Reader	Peter Maloney	Barbara Kirwin	Parishioner
2nd Reader	Kathy Maloney	Nini Sielaf	Parishioner
Next weekend - 4th Sunday Lent, Year B		9/10 March	
Commentator	Kathy Maloney	Warren Middleton	Margaret McAuliffe-Harris
1st Reader	John Campbell	Catherine Weaver	Parishioner
2nd Reader	Caroline Ireland	Erin Hutchinson	Parishioner

Congratulations
to Thelma Eiseman, on your
106th birthday on Monday!



The Association of
The Catechesis of the Good Shepherd Australia

Lent Preparation Sessions for 3-12 year old children.

AT: Sacred Heart Church Community Hall

10am Sat 2nd March 10am Sat 9th March

10am Sat 16th March 10am Sat 23rd March

Sessions are 1-hour. Contact Angela Acharya 0407 383 007
or the Parish Office 4933 6171

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

SVDP ASSOCIATE LIFE MEMBERSHIP

was recently awarded to **DENIS HORTON** (middle) by Vicki (left) & Philip (right), our local SVDP representatives who presented him with a certificate and badge.



Associate Life Membership is granted to individuals who have been Members of the Society but have retired from their duties due to illness, age, or special circumstances. This special designation is awarded by our State Council to allow them to retain association with the Society. We are delighted to recognise Denis's many years of dedication to the Society - Congratulations Denis!

The Lenten Journey Continues....

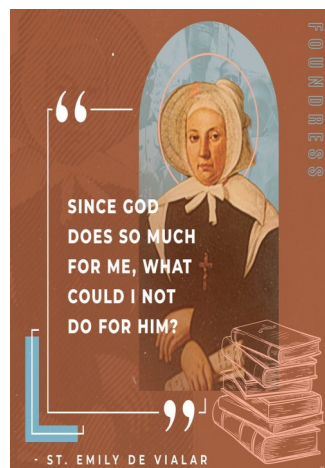
You Belong to God

You are not what you do, although you do a lot. You are not what you have collected in terms of friendships and connections, although you might have many. You are not the popularity that you have received. You are not the success of your work. You are not what people say about you, whether they speak well or whether they speak poorly about you. All these things that keep you quite busy, quite occupied, and often quite preoccupied are not telling the truth about who you are. I am here to remind you in the name of God that you are the Beloved Daughters and Sons of God, and that God says to you, "I have called you from all eternity and you are engraved from all eternity in the palms of my hands. You are mine. You belong to me, and I love you with an everlasting love." - Daily Meditation from "You are Beloved" by Henri J.M. Nouwen

Different View

Just like Jesus

This gospel passage must be one of the most commonly misused passages in the Bible. So often it is used as justification for someone losing their temper, or worse, an outrageous temper tantrum, or 'dummy spit'. People will declare in their defence, 'Well, Jesus lost his temper and got angry in the Temple!' They fail to appreciate the difference between their own hot-headedness and the outrage against injustice that was being expressed by Jesus. They also seem to miss the significance of the fact that this was a 'one off' for Jesus!



Please join our Parish in reflecting on the **STATIONS OF THE CROSS.**

Sacred Heart: 5pm each Wed of Lent
Mary Immaculate: 8am each Tues of Lent



STATIONS of the CROSS

ALPHA SESSIONS:

Sacred Heart: 10am Mon & 6:30pm Tues

Mary Immaculate: 5pm Mon

Alpha is a series of interactive sessions that explore the basics of Christian faith. ALL welcome, no experience necessary, just an openness to learn and journey in faith.

THE CATHOLIC LEADER - To arrange for delivery of your paper please call The Catholic Leader team on (07) 3324 3555 and they will set you up for a home delivery over the phone or you can go to the internet and type in <https://catholicleader.com.au/subscribe/>.

Prayer for Vocations

Lord, You are the Good Shepherd who calls us by name and asks us to follow you.

May the Holy Spirit kindle the hearts of those who You are calling to the priesthood and consecrated life.

Give them courage to respond to their vocation to serve Your Church.

May all of us seek to know You better, to faithfully follow Your call to holiness and proclaim the gospel to the world.
Amen

Presentation Associates Meeting

WHEN: Saturday 9th March, 10:30am

WHERE: McGrath Building at St Ursula's College

Meetings include morning tea from 10am followed by prayer and formation in the charism of Presentation Sisters Foundress Nano Nagle. We welcome visitors!

For more information please call

Erin on 0437 822 231.

Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God.
That we may be made worthy of
the promises of Christ.



Samoa may be a country surrounded by water, but access to clean drinking water is scarce in some areas, with many families facing extreme hardship as a result.

Leaila lives with her five children, husband, brother and sister-in-law on the island of Upolu in Samoa. Not having access to a reliable source of clean water caused Leaila a lot of worry.

Their home is not connected to a piped water system, so they had to rely solely on rainwater collected in old fridges. When their water ran out, Leaila had to walk with her young children to collect water in buckets and containers from a neighbour down the street.

With the support of Caritas Australia's local partner, Caritas Samoa, a water tank was installed at Leaila's home. She and her family now have a steady supply of clean drinking water at home. Next year, they will also have a toilet built, with the support of Caritas Samoa, which will further improve their health and living conditions.

"We are very thankful and grateful for the water tank. It has helped us so much and made our daily life easier," Leaila said.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

Photo: Laura Womersley/Caritas Australia



THIS WEEK'S READINGS

3RD SUNDAY OF LENT

1st Reading:

Exodus 20:1-17

The Lord delivers the Ten Commandments

Psalms 18:

Lord, you have the words of everlasting life.

2nd Reading:

1 Corinthians 1:22-25

Understand the power of Christ crucified.

Gospel:

John 2:13-25

Jesus drives the money-changers from the temple.

NEXT WEEK'S READINGS

4TH SUNDAY OF LENT

1st Reading:

2 Chronicles 36:14-16, 19-23

Psalms: 136

2nd Reading:

Ephesians 2:4-10

Gospel:

John 3:14-21



For the **WORLD DAY OF PRAYER** - 1st March - the Palestinian Christian women, wrote a Worship Service. The Worship Service shares stories of three Palestinian Christian women, who witness to the power of bearing together in love. Their stories illuminate the experience of Palestinian women from three different generations. The symbol of an olive tree is used throughout the worship service. This represents the three generations through the trunk, branches, and leaves of the olive tree.

The Palestinian Christian women who wrote this worship service have invited the world to pray for peace, justice and freedom of religion and freedom of movement. Their prayers specifically call us to pray with women, refugees, persons experiencing homelessness, and all who are sick, dying, and grieving. They also call us to confess to our collective role in causing the climate crisis, and to commit to repairing what we have destroyed. Finally, they call us, the global church, to be united in treating all with justice and love.

WE PRAY FOR PEACE IN THE MIDDLE EAST.

A note from Shane Pianta (*Seminary Student, Propaedeutic Year, Valladolid, Spain*)
Hello Cap Coast, (December 2023) I write to you from Rome! We have finished the first term of the year and while most students go home for Christmas and New Year's before doing 4 weeks placement in their diocese, I'm spending Christmas and New Year's in Rome with a number of generous people before heading to London for placement in a parish there. It is hard to believe Christmas is so close and that I've been away 3 months - some days it feels longer, some days it feels like it past quickly. Seminary has gone pretty well so far, though listening to seminarians in later stages, there's a lot harder work to come. Thank you for your prayers and support; you are on my prayer list, too. (February 2024) Hope everything is going well over there? Things are well with me, I went to 6 countries over the Christmas period and spoke only one of the 6 languages of the places I visited, but still managed to get by and see some places - even dipped my toes in the (cold) Mediterranean Sea. Just wanted to wish the parish well, and I will keep you in my prayers. God bless. Shane.

The Catholic Diocese of Rockhampton abides by the principles of the **National Catholic Safeguarding Standards** (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan **Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call)** or email: pssoadmin@rok.catholic.net.au **Diocesan Website** for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the **Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy:** www.rok.catholic.net.au/safeguarding-policies.html **Queensland Professional Standards Office:** www.psoqld.catholic.net.au/



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