

CAPRICORN COAST CATHOLIC PARISH

2 March 2025 - 8th Sunday in Ord. Time, Yr C



Parish Priest:

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PO Box 64 Yeppoon QLD 4703

Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park



SUNDAY READINGS

1st Reading: Sirach 27:4-7

Speech shows state of mind.

Psalm 91:

Lord, it is good to give thank to you.

2nd Reading:

1 Corinth. 15:54-58

Death has no victory.

Gospel: Luke 6:39-45

Take the plank from your eye.



8TH SUNDAY IN
ORDINARY TIME

"A good tree
does not bear
rotten fruit."
- Lk 6:43

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 GCD, ©LPI

GOSPEL MEDITATION: - Father John Muir ©LPI

One of the things that older pastors and younger priests occasionally quarrel about is the proper balance between work and prayer. I know one pastor who complains that his younger associate ignores the people and the parish because he wants to spend more time in prayer. And the young priest complains that the pastor gives him too much work to do and no time to pray. The Lord's words this Sunday speak into this tension with an image that can help us find a proper balance between life and prayer.

Jesus says, "For every tree is known by its fruit. For people do not pick figs from thorn bushes, nor do they gather grapes from brambles" (Luke 6:44). When we are deeply rooted and cultivating our relationship with Jesus, we are going to bear the fruit of that love in our lives. No fruit, no good prayer. How do we know that we are praying well? We are experiencing concrete fruits of love for others in our lives.

Someone who prays well will, sooner or later, burst forth the "figs" and "grapes" of acts of love. But without concrete commitment to deeds of selfless service to others, our prayer time is as useless as thorn bushes and brambles. Let's recommit ourselves to be men and women of prayer and service. And hopefully the pastors will help their associates to pray and serve fruitfully...with minimal quarreling.

ASH WEDNESDAY



The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging. For we too are one in land, one in spirit, one in faith, united in God's love.



REMEMBER

in your prayers

The sick: Harry Newton, Joe Reddy, Pat Clare, Frank Withoos, Leo Withoos, Fr Peter Tonti, Aden Gauld, Barry Abraham, Ray Tamassy, Kevin Connor, Brian Holmes (Syd), Wendy Stephens, Carolyn Perkins, Amy Collins, Derm Stower, Colleen Stower, Fr Bryan Hannifin, Eimear Devlin (Ireland), Paul Hansby, Ollie Miles, Scott Mahosky, Kevin & Joan Lacey, Jo-Anne Coxon, Alan Davids, Adam Loch, Pat Searles.

The recently deceased: Teresa Sciani, Ernest O'Sullivan, Yvonne Cochrane, Jacqueline Fitzgerald.

Anniversaries at this time: John Pearson, Paul White, Christine Gynther, Fintan Real, Vince Murphy, Brendan Williams, Shirley Kruger, Colin Shaw, William Conaughton, Diane Black.

LENTEN PROGRAM: *Metanoia*

Once again the Parish is running a Lenten Program this year. The program has been recommended by the Bishop and is entitled **Metanoia**. The program cost is \$7 for the resource that will be used. If you would like to be part of a group that shares in the experience, please contact the office.

We are looking at running the program on Tuesdays at Sacred Heart commencing 4th March at 5pm, and Fridays at Mary Immaculate commencing 7th March at 9am.

SHARED MEAL Mary Immaculate

The **Mary Immaculate** Shared Meal will be this Saturday 8th March, following the 5:15pm Mass.



Celebrating a significant wedding anniversary in 2025?

As part of our year of Jubilee, Bishop Michael extends an invitation to all married couples across the Diocese celebrating a significant wedding this year to join him to celebrate a Jubilee of Marriage.

**St Joseph's Cathedral, Rockhampton
Sunday, 16th March during the 9.30am Mass**

Please RSVP to the Bishops Office by 10th March on 4887 3070 or email bishopsoffice@rok.catholic.net.au



LITURGIES

Date	Time	Mass
Tues 4 March <i>Shrove Tues</i>	9:00am	Mass, Mary Immaculate
Wed 5 March <i>Ash Wed</i>	7:00am	Mass, Mary Immaculate
	9:00am	Mass, Sacred Heart Adoration & Rosary (Chaplet of Divine Mercy, S. Heart)
Thurs 6 March	9:00am	Mass, Sacred Heart
Fri 7 March	9:00am	Mass, Sacred Heart
	2:00pm	Rosary, Sacred Heart
Sat 8 March	5:15pm	Mass, Mary Immaculate
Sun 9 March <i>1st Sunday of Lent</i>	8-8:30am	Reconciliation, S. Heart
	9:00am	Mass, Sacred Heart
	5:00pm	Mass, St Brendan's College ** PLEASE NOTE ** ** CHANGE IN LOCATION **

WEEKEND ROSTER

This weekend: 8th Sunday in Ord. Time 1/2 March

	5.15pm Sat MI	9am Sun SH	5pm Sun SBC
Commentator	John McKenna	Melissa Collins	Margaret McAuliffe
1st Reader	Jan Jaeger	Maurice Conway	Parishioner
2nd Reader	Michele Connors	Parishioner	Parishioner

Next weekend: 1st Sunday in Lent 8/9 March

	Gail Goodman	Deb Bayliss	Lloyd Webley
Commentator	Gail Goodman	Deb Bayliss	Lloyd Webley
1st Reader	Helen McIntyre	John Campbell	Parishioner
2nd Reader	Caroline Ireland	Warren Middleton	Parishioner

~ Meet in the Middle ~

Our next gathering will be held on March 10th at the Waterline Café commencing at 10am. Please feel free to bring a friend and enjoy some great company and coffee.



Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

Three fun facts about Ash Wednesday:



3.

Ash Wednesday was officially instituted by Pope Urban II in 1091.

1.

Many Christian denominations celebrate Ash Wednesday. It is an ecumenical observance.

2.

The ashes used are made from burning the palms blessed in the previous year's Palm Sunday celebration.

Healing Prayer Ministry: Prayer Requests

Would you like prayer for a particular reason / circumstance?

HPM now has a designated email address where prayer requests can be made directly: hpmcapcoast@gmail.com

These requests will be distributed to our HPM Intercessors who will begin to pray for the need, **immediately**. For **privacy reasons**, all prayer requests must be submitted from the one requiring the prayer or their Parent / Next of Kin / Advocate, please.

HPM following Mass:

1 / 2 March - 9.00am Sacred Heart
8 / 9 March - 5.15pm Mary Immac.



Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. (Phil 4:6-7)

Jubilee of Families Date Claimer

Our diocese is hosting a Jubilee of Families this Labour day weekend, running from **3pm on Saturday the 3rd of May through to Monday morning**. This event will be an opportunity to connect with other families from throughout the diocese and to grow in faith and in living out our vocation as families. The weekend will feature fun and games, talks, discussion, prayer and sacraments and will feature presentations from Brendan Malone and our diocesan NET team. **The venue for the Jubilee is Discovery Parks – Coolwaters, Yeppoon**, and accommodation can be booked now by saying that you are with the Catholic Diocese of Rockhampton and quoting booking reference 11005357. The event will be focussed on families but absolutely everyone is welcome to attend. Event registration and further details to be provided soon.

For more information or any questions please contact Michael.otto@rok.catholic.net.au or 0433 897 973.

An Ash Wednesday Prayer

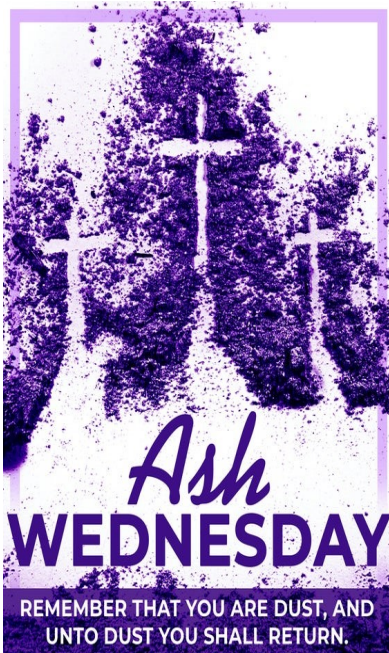
“Ashes to ashes. Dust to dust.”
You remind us today, oh Lord, of our origin and end.
In the beginning, You fashioned us in the Garden.
You dignified dust with the Breath of Life.
You made us in Your image and likeness.
You led Your people through the dust of the Sinai wilderness to the Promised Land.
You overcame temptation in the dry desert.
You healed the blind with dirt and clay.
Three times Your body stirred the dust as you fell on the road to Calvary.
Hear the cry of Your people!
One day we will return to dust.
This Lenten season, stir our minds to contemplate You, our hearts to love You, and our bodies to serve You in our brothers and sisters.
May our prayer, fasting, and almsgiving be Your breath alive in us.
Amen. ©LPi

Women, Wit & Wisdom Saturday 8 March 2025

The third annual Women, Wit & Wisdom panel event will be held in the Ballygriffin Cultural Centre, St Ursula's College, Yeppoon, on Saturday 8 March 2025 from 2.30pm-5.00pm. This is a community event celebrating International Women's Day with an afternoon of conversation.



Tickets are \$30 adult/ \$10 student, available at <https://events.humanitix.com/women-wit-and-wisdom>



Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope;
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



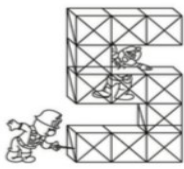
Thine eyes of mercy towards us
and after this our exile, show unto us the
blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God,
That we may be made worthy of
the promises of Christ.



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DAILY MEDITATIONS BY HENRI NOUWEN

True Spiritual Leadership: Christian leadership in the future is not a leadership of power and control, but a leadership of powerlessness and humility in which the suffering servant of God, Jesus Christ, is made manifest. I, obviously, am not speaking about a psychologically weak leadership in which the Christian leader is simply the passive victim of the manipulations of their milieu. No, I am speaking of a leadership in which power is constantly abandoned in favour of love. It is a true spiritual leadership. Powerlessness and humility in the spiritual life do not refer to people who have no spine and who let everyone else make decisions for them. They refer to people who are so deeply in love with Jesus that they are ready to follow him wherever he guides them, always trusting that, with him, they will find life and find it abundantly.

Feeling Safe: There is a sense of being safe, that is good. In this dangerous world full of violence, chaos, and destruction, there is this place where we want to be. We want to be in the House of God—to feel safe, to be embraced, to be loved, to be cared for. With the psalmist we say, “Where else does my heart want to stay but in the House of the Lord?” (See Psalms 84 and 27).

The Catholic Diocese of Rockhampton abides by the principles of the **National Catholic Safeguarding Standards** (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan **Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call)** or email: pssoadmin@rok.catholic.net.au **Diocesan Website** for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/>. To view the **Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy:** www.rok.catholic.net.au/safeguarding-policies.html **Queensland Professional Standards Office:** www.psoqld.catholic.net.au/



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