

# CAPRICORN COAST CATHOLIC PARISH

16 March 2025 - 2nd Sunday of Lent, Yr C



## Parish Priest:

Fr Stephen Hanly

[capcoast@rok.catholic.net.au](mailto:capcoast@rok.catholic.net.au)

Parish Secretary: Angela Wilczek

Admin Officer: Andrea Canavan

## Office Hours

Mon to Fri: 9:00am - 2:00pm

Phone: 07 4933 6171

Emergency After Hours

(Presbytery): 07 4933 6824

(Mobile): 0435 463 735

PO Box 64 Yeppoon QLD 4703

Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park



## SUNDAY READINGS

**1st Reading:** Gen 15:5-12, 17-18

The Lord establishes a covenant with Abraham.

**Psalm 26:**

**The Lord is my light  
and my salvation.**

**2nd Reading:**

Phillip. 3:17-4:1

Our citizenship is in heaven.

**Gospel:** Luke 9:28-36

Jesus is transfigured before Peter, James and John.



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

## 2<sup>ND</sup> SUNDAY OF LENT

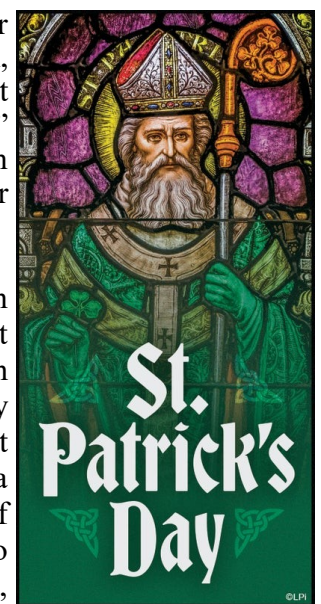
While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." - Lk 9:34-35

**GOSPEL MEDITATION:** - Father John Muir ©LPi

St. Thomas Aquinas said that friends share three things: time, possessions and secrets. For example, how do I know if you're my friend? Well, let's say we've been to Mexico together, you've tried my shaky attempts at pasta carbonara, and you know what ridiculous costume I wore in a music video I filmed in my early twenties. We, dear reader, are definitely friends. We've shared time, possessions and secrets.

How does friendship with Jesus develop? The same way. Jesus lives and eats with his disciples. Then he takes Peter, James and John to Mount Tabor and there reveals to them his deepest secret: his glorious, divine Sonship. The majesty of God shines from within his humanity in a way that goes beyond description. God the Father confirms this "secret," saying, "This is my chosen Son, listen to him" (Luke 9:35). It's all so precious that "they fell silent and did not at that time tell anyone." Do we take time to be alone with Christ, to allow him to mystically share this "secret" with us as his dear friends?

Lenten challenge: This week, identify one time when you experienced an awareness of some specific aspect of Jesus — perhaps on a retreat, at Mass, in prayer or in an act of service. Spend ten minutes consciously re-living that experience in your heart. If you can't recall one, set aside at least two hours this Lent as a mini retreat, either alone in nature or in the presence of the Blessed Sacrament. Focus on him and ask him to share the secrets of his heart with you. He will. Then, as his friend, share the secrets in your heart.



*The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.  
For we too are one in land, one in spirit, one in faith, united in God's love.*



# REMEMBER *in your prayers*

**The sick:** Jacqui Graham, Harry Newton, Joe Reddy, Pat Clare, Frank Withoos, Leo Withoos, Fr Peter Tonti, Aden Gauld, Ray Tamassy, Brian Holmes (Syd), Wendy Stephens, Carolyn Perkins, Amy Collins, Derm Stower, Colleen Stower, Fr Bryan Hannifin, Eimear Devlin (Ireland), Paul Hansby, Ollie Miles, Scott Mahosky, Kevin & Joan Lacey, Jo-Anne Coxon, Alan Davids, Adam Loch, Pat Searles.

**The recently deceased:** Barry Abraham, Teresa Sciani, Ernest O’Sullivan, Yvonne Cochrane, Jacqueline Fitzgerald.

**Anniversaries at this time:** John Pearson, Paul White, Christine Gynther, Fintan Real, Vince Murphy, Brendan Williams, Shirley Kruger, Colin Shaw, William Conaughton, Diane Black.

## LENTEN PROGRAM: *Metanoia*

Once again the Parish is running a Lenten Program this year. The program, *Metanoia*, has been recommended by the Bishop. The program cost is \$7 for the resource that will be used. If you would like to be part of a group that shares in the experience, please contact the office. We are looking at running the program on Tuesdays at Sacred Heart commencing 4th March at 5pm, and Fridays at Mary Immaculate commencing 7th March at 9am.



## STATIONS of the CROSS

Please join our Parish in reflecting on the Stations of the Cross.

### Sacred Heart: 5pm each Wednesday of Lent

Reflections include Montessori meditations, a traditional walk of the Way of the Cross and contemplations using many handcrafted presentations in the form of plaques and silhouettes.

### Mary Immaculate: 8:30am each Tuesday of Lent

We walk with Jesus in prayer, the way of His cross, so to draw closer to Him in faith, hope and love.

Come Holy Spirit,  
fill the hearts of your faithful,  
enkindle in them the fire of your love.  
Send forth your Spirit  
and they shall be created.  
And you shall renew the face of the earth.



Let us pray.  
O God, who instruct the hearts of the faithful  
by the light of the Holy Spirit,  
grant us in the same Spirit to be truly wise,  
and ever to rejoice in your consolation.  
Through Christ, our Lord. Amen

# LITURGIES

Date	Time	Mass
Mon 17 March	10:30am	<i>Funeral - Barry Abraham, Mary Immaculate Church</i>
Tues 18 March	8:30am	Stations of the Cross, Mary Imm
	9:00am	Mass, Mary Immaculate
Wed 19 March	9:00am	Mass, Sacred Heart
	9:30am	Adoration & Rosary (Chaplet of Divine Mercy, S. Heart)
	5:00pm	Stations of the Cross, Sacred Heart
Thurs 20 March	11:10am	Mass, St Ursula’s College
Fri 21 March	9:00am	Mass, Sacred Heart
	2:00pm	Rosary, Sacred Heart
Sat 22 March	5:15pm	Mass, Mary Immaculate
Sun 23 March <i>3rd Sunday of Lent</i>	8-8:30am	Reconciliation, S. Heart
	9:00am	Mass, Sacred Heart
	5:00pm	Mass, St Brendan’s College <i>(Enter through Main Gate)</i>

### DRAKES Cathedral Conservation Fundraiser

Thank you for your loyalty to this fundraiser. Please keep using your keytag or app regularly and we will soon reach our next goal of \$60,000! Shirley Hopkins, Coordinator.



## WEEKEND ROSTER

This weekend: 2nd Sunday of Lent 15/16 March

	5.15pm Sat MI	9am Sun SH	5pm Sun SBC
Commentator	Jan Mussig	Barbara Pearson	Kathy Cooper
1st Reader	Peter Maloney	Mark Kennedy	Student
2nd Reader	Kathy Maloney	Melissa Collins	Student

Next weekend: 3rd Sunday of Lent 22/23 March

Commentator	Kathy Maloney	Gordon Gauld	Mark Kennedy
1st Reader	Michelle Griffin	Max Martin	Student
2nd Reader	Laurie Griffin	Deb Bayliss	Student



## Date Claimers: 2025 Sacramental Program at Sacred Heart Church

Wednesday 26 March, 6pm - **Information Evening**  
Wednesday 4 June, 6pm - Sacrament of **Reconciliation**  
Friday 1 August, 6pm - Sacrament of **Confirmation**  
Sunday 3 August, 9am - Sacrament of **Eucharist**

**Registration Forms can be collected  
from the Parish Office.**



### Healing Prayer Ministry: Prayer Requests

[hpmcapcoast@gmail.com](mailto:hpmcapcoast@gmail.com)

For **privacy reasons** requests must be made by the one requiring prayer or with their permission, or by a parent / next of kin / advocate. Please use the above email address also if **personal prayer is required at any other time.**



HPM following Mass:

15/16 March - 9.00am Sacred Heart  
23/24 March - 5.15pm Mary Immaculate

*"Create in me a pure heart, O God, and  
renew a steadfast spirit within me"*

(Psalm 51:19)

## THE HAVEN - STATIONS OF THE CROSS

All are invited to commemorate and pray:  
At the Stations of the Cross, in the serene  
grounds of The Haven, Emu Park,  
on **Saturday 5th April at 10.00am.**

Please bring your own water bottle, sun  
screen and hat; and let us also bring a plate of  
goodies for morning tea to share.

For details, please phone Linda: 0407 831 975

## R.C.I.A. NOTICE

Please pray for our Parish Catechumens, **Angela Kelly, Rebecca, Bella and Sonny O'Neil** as they journey towards Easter. Following the Rite of Election at the Cathedral last Sunday they are now known as **The Elect.**



**Second Sunday of Lent**  
15th and 16th of March 2025

**Toefuata'iga** - (*Toy-foo-ah-tah-ing-ah*) a primary school student from Samoa faced severe water shortages at her school. Thanks to Caritas Australia and the generosity of supporters like you, her primary school now has a 10,000 L water tank. Teachers and students now have access to clean drinking water at their school and are able to focus on education.



Photo credit: Caritas Australia

**Please donate today.**

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at: [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)

Or by calling: 1800 024 413

CATHOLIC MISSION

## WE ARE HIRING

**Rockhampton Diocesan Director**  
(part-time, 2 days a week based in Rockhampton)

**APPLICATIONS CLOSE ON MONDAY, 31 MARCH, 2025**

For more information regarding the role, contact  
Rev. Martin Lewis (Deacon)  
Province Director-QLD/Diocesan Director (Brisbane/Toowoomba)  
via email: [mlewisecatholicmission.org.au](mailto:mlewisecatholicmission.org.au)  
or mobile: 0438 583 873



Hail Holy Queen, Mother of Mercy,  
Our life our sweetness and our hope.  
To thee do we cry, poor banished children of Eve;  
To thee do we send up our sighs,  
mourning and weeping in the valley of tears.  
Turn then most gracious advocate,



Thine eyes of mercy towards us  
and after this our exile, show unto us the  
blessed fruit of thy womb Jesus.  
O clement, O loving, O sweet Virgin Mary!  
Pray for us, O Holy Mother of God,  
That we may be made worthy of  
the promises of Christ.



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**Rockhampton Office:**  
 56 William Street, Rockhampton QLD 4700 Ph: (07) 4939 4055  
**Yeppoon Office:**  
 3/2 James Street, Yeppoon QLD 4703 Ph: (07) 4939 4055



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**DAILY MEDITATIONS BY HENRI NOUWEN**

**Grateful for Today:** I experienced it in my own seminary years... Everywhere there was a tendency to live, act and think as if the real life is not here but there, not now but later. Community develops where we experience that something significant is taking place where we are. It is the fruit of the intimate knowledge that we are together, not because of a common need - such as to learn a language - but because we are called together to Him who is greater than these needs. I do not know if I will be alive tomorrow, next week or next year. Therefore today is always more important than tomorrow. We have to be able to say each day, "This is the day the Lord has made, let us rejoice and be glad."

**Not Worrying About the Future:** For us the future is often a source of anxiety and fear. We have all kinds of questions: What if my children get sick, I lose my job, my wife or husband leaves me, or a war breaks out? Our fears pull us away from the present and extinguish the Spirit in us. When we believe that God is with us always through the Spirit, we can let the future emerge out of the present. When we really believe that God is with us and that we are already now breathing His Spirit, we don't have to worry about the future. We don't have to worry about what happens next. We can start trusting that if we fully live the life in the Spirit, the future will unfold from the present as we travel through life.

The Catholic Diocese of Rockhampton abides by the principles of the *National Catholic Safeguarding Standards* (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan *Professional Standards & Safeguarding Office*: Response Line: 1800 830 113 (free call) or email: [pssoadmin@rok.catholic.net.au](mailto:pssoadmin@rok.catholic.net.au) Diocesan Website for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/>. To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: [www.roc.catholic.net.au/safeguarding-policies.html](http://www.roc.catholic.net.au/safeguarding-policies.html) Queensland Professional Standards Office: [www.psoqld.catholic.net.au/](http://www.psoqld.catholic.net.au/)



St Brendan's College  
 07 4939 9300

[administration@sbc.qld.edu.au](mailto:administration@sbc.qld.edu.au)



St Ursula's College  
 07 4939 9600

[ursulas@stursulas.qld.edu.au](mailto:ursulas@stursulas.qld.edu.au)



Sacred Heart Primary School  
 07 4994 8215

[shy@rok.catholic.edu.au](mailto:shy@rok.catholic.edu.au)



St Benedict's Primary School  
 07 4930 2744

[info@skyrok.catholic.edu.au](mailto:info@skyrok.catholic.edu.au)